

Las Vegas Psychiatrist Releases Information On The Impact Of Terrorism On Mental Health

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First Choice Psychiatrist, a psychiatry clinic in Henderson, NV, has released new information on the impact of terrorist acts on the mental health of the general public. Following various terrorist attacks in places such as Paris, Mali, London and San Bernardino, the office felt it was important to speak also about the mental health of innocent bystanders. The research discusses the significant changes people experience as a result of these events.

"When a terrorist attack happens, we naturally all think about the direct survivors and the families of those who did lose their lives," says a representative from First Choice Psychiatrist. "However, the impact on everyday people is equally significant and we felt it was important to shed some light on this."

Anyone who watches the news on television will often be confronted with the latest terrorist attack. Additionally, news now comes from many different sources, including Twitter and Facebook. The psychiatrist office also uses Facebook, through <https://www.facebook.com/First-Choice-Psychiatrist-194880337520058/>, although they are mindful about what is shared and when. This is because the high levels of exposure people now have to news from around the world has the potential to change their world views.

One of the most significant things they have found was that people start to become motivated by fear. It is believed that they are actually suffering from a form of PTSD (post traumatic stress disorder) as a result of the media frenzy around telling them that they are not safe. "When you are told again and again that our country is on high alert and that heightened security checks are in place, it is inevitable that people will start to feel afraid," adds the representative. "The media has a huge role to play in this, and we would like to see a concerted effort in reducing this impact on the mental health of everyday people."

Leading by example, the psychiatry office tries to Tweet positive messages on a regular basis through <https://twitter.com/1stchoicepsych>. They hope that others will soon follow suit. This will enable people to have a realistic view of what is going on around them, without having to live in fear.

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For more information about First Choice Psychiatrist, contact the company here:First Choice Psychiatrist(702) 749-0069contact@firstchoice-psychiatrist.com1301 N Green Valley PkwyHenderson, NV 89074

First Choice Psychiatrist

First Choice Psychiatrist is the top rated psychiatrists in Las Vegas, Nevada. We have helped hundreds of patients get their mind in the right place and move on with their lives. There is no issue that we can't help you get though.

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