



Be the Change in Mental Health Revolutionizes Mental Health Care in Northern California

June 06, 2023

Santa Rosa, California - June 06, 2023 - PRESSADVANTAGE -

Santa Rosa, CA - Be the Change in Mental Health, a leading mental health clinic in Santa Rosa, California, is proud to announce its commitment to transforming the landscape of mental health care in Northern California. With a focus on innovative therapies, including psychedelic psychotherapy and Transcranial Magnetic Stimulation (TMS), the clinic aims to provide life-changing treatments for individuals struggling with treatment-resistant mental health conditions.

The growing need for accessible and effective mental health services in Northern California inspired the establishment of Be the Change in Mental Health. With firsthand experience of witnessing the devastating impact of the mental illness crisis on individuals and families, CEO Marisha Chilcott felt compelled to take action.

"While psychedelic medications in combination with talk therapy have gained significant attention, it is important to recognize that substances such as MDMA, psilocybin, and ibogaine are currently only available

in the research setting," stated Marisha Chilcott, CEO of Be the Change in Mental Health. "However, there are already innovative treatments that could make a tremendous difference in the lives of those affected by mental illness. Our mission is to bring these treatments to the forefront and make them accessible to all."

As a California non-profit 501(c)(3) corporation, Be the Change in Mental Health is dedicated to providing cutting-edge therapies for individuals with treatment-resistant mental health conditions. The clinic's flagship location in Santa Rosa, situated in the heart of Sonoma County, offers easy accessibility to individuals in the Bay Area, just north of Marin County off the 101 freeway.

"We firmly believe that everyone deserves the opportunity to live a full life," emphasized Marisha Chilcott. "For many, it begins with finding remission from depression and anxiety. However, we also strive to cater to those who seek personal growth, deeper self-understanding, and a greater appreciation of the world around them. At Be the Change in Mental Health, we offer the chance to achieve holistic well-being."

The clinic provides a wide range of evidence-based therapies, including psychedelic psychotherapy, which combines the use of psychedelic substances with therapeutic support, and Transcranial Magnetic Stimulation (TMS), a non-invasive procedure that stimulates specific areas of the brain to alleviate symptoms of various mental health conditions. These cutting-edge treatments have shown promising results in enhancing mental well-being and improving overall quality of life.

Be the Change in Mental Health invites individuals to take control of their mental health journey and embrace the transformative power of innovative therapies. By prioritizing accessibility, compassion, and excellence in care, the clinic aims to make a lasting impact on the mental health landscape in Northern California.

Located amidst the picturesque splendor of Santa Rosa, Be the Change in Mental Health stands as a sanctuary of solace and transformation for individuals across Northern California. Nestled in the heart of Sonoma County, the clinic's idyllic setting provides an ideal backdrop for individuals to embark on their personal journeys of healing, renewal, and self-discovery.

Marisha Chilcott emphasized, "At Be the Change in Mental Health, we believe that healing begins with compassionate care, combined with innovative therapies that address the root causes of mental illness. Our holistic approach embraces the transformative potential of psychedelic psychotherapy and Transcranial Magnetic Stimulation (TMS), enabling our clients to reclaim their lives and nurture their mental well-being."

By marrying cutting-edge treatments with unparalleled expertise, Be the Change in Mental Health is charting a new course towards a future where mental health is no longer a distant dream but an attainable reality. The clinic's unwavering commitment to empowering individuals to take charge of their mental health journeys sets it apart as a pioneer in the field, lighting the way for a brighter and more compassionate future.

For more information about Be the Change in Mental Health and its services, please visit btcmentalhealth.org.

###

For more information about Be the Change in Mental Health, contact the company here: Be the Change in Mental Health Dr. Marisha Chilcott 707-800-7568 info@btcmentalhealth.org 2800 Cleveland Ave Ste C, Santa Rosa, CA 95403

Be the Change in Mental Health

BTC aims to bring psychedelic-assisted psychotherapy and NeuroStar TMS to the public in a safe, medically supervised and managed, legal manner.

Website: <https://btcmentalhealth.org/>

Email: info@btcmentalhealth.org

Phone: 707-800-7568



Powered by [PressAdvantage.com](https://pressadvantage.com)