



## **COEM Talks About Thyroid Disorders Like Hypothyroid & Hyperthyroid**

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The Center for Occupational & Environmental Medicine (COEM) is making more information on thyroid diseases available to the wider public. This information includes insights on the symptoms and progression of these conditions as well as possible treatments.

Thyroid diseases affect a large percentage of the population, and diseases like Graves? Disease are among the most common autoimmune disorders in the country. Those who wish to address thyroid-related issues will require education on the subject, and this is what COEM seeks to provide. The Center is taking multiple actions to accomplish this, such as by sharing informative articles online. See more here: <https://coem.com/thyroid-disease/>.

Many patients seek out COEM after receiving a response from another doctor that their thyroid labs look good and are within range. Unfortunately, it has been found that many thyroid related issues are present even at lower detectable limits. COEM also performs a Comprehensive Thyroid Panel - a 7 part test, as

opposed to just looking at a typical TSH level as many physicians do. Many patients with either hyper (too -much) or hypo ( too little) thyroid hormone levels can correct these problems when the disease is approached in a different manner. Looking at the Total Body Stress Load as COEM does helps to uncover what the actual causes are of why the thyroid not functioning properly.

Graves' disease is one of the most common autoimmune diseases in the United States, and it affects up to 3% of the global population. The disease causes the immune system to attack the thyroid gland, which then causes it to produce excess thyroid hormone. Early symptoms of the condition include an enlarged thyroid gland (known as goiter), fast and irregular heartbeat, heat intolerance, weight loss, fatigue and trouble sleeping, among others. The exact cause is still unknown, but research suggests that it is caused by a range of genetic and environmental factors. People with other autoimmune disorders, pregnant women, women who have just given birth and individuals under other forms of physical and emotional stress appear to also be susceptible to the disease.

If left untreated, the disease can lead to thyrotoxicosis, which can be life-threatening. It causes brittle bones, heart problems and sometimes death. In pregnant women, the disease can cause preeclampsia, placental abruption, preterm birth, miscarriage and possibly even stillbirth.

There are a number of treatments available for Graves' disease, and COEM can help find which of these treatments is most likely to be effective. COEM says, "At the Center for Occupational and Environmental Medicine, we aim to address all aspects of thyroid care and provide conventional, comprehensive and integrative thyroid-specific care to our patients.

Medications are the traditional response to thyroid disease. These drugs prevent the thyroid gland from producing excess thyroid hormones. They are highly effective in relieving symptoms, with many people seeing results within one or two weeks. However, if the drug is stopped, the disease may return.

"This place saves lives and makes them more comfortable," says a patient in their testimonial. "Very knowledgeable and compassionate physicians who go way above and beyond to make you well. They solve problems that other conventional physicians can't or won't. Never are they condescending nor make you feel as if you are whacko! Seems they know exactly what your problem may be not long after you arrive, Office is in a great location, easily accessible. You will fall in love with the physicians."

Another patient says about COEM, "I love Dr. Weirs and COEM! I believe they legitimately saved my life. They didn't mask my symptoms with medications but healed me from the inside out with vitamin supplements dietary and lifestyle changes. They help me understand my condition and take control of it rather than it controlling my life."

Learn more about thyroid disease, specifically Graves?, by reading COEM?s blog post at <https://coem.com/blog/graves-disease-all-that-you-need-to-know-about/>. Information on similar conditions can be found on this platform as well.

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## **Center for Occupational & Environmental Medicine**

*COEM is the premier medical center for the treatment of toxicity from mold, chemicals, heavy metals, and adverse drug reactions for over 45 years.*

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