Serenity Lane Educates Community On How Long Cocaine Stays in the System

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The non-profit substance recovery facility of Serenity Lane located in Eugene, Oregon has released a recent blog post about cocaine and the length of time it stays in your system. With nearly 5.2 million people in the US having used cocaine in the last year, Serenity Lane believes in having easy access to educational information regarding this substance. This blog post goes into detail about how cocaine impacts the system, how long it stays in the system, and what factors can impact that length of time.

?Cocaine?s effects on the body are almost immediate and last from a few minutes to a few hours.? The article explains. ?Too much of this stimulant can cause blood pressure to rise dangerously, increase agitation, cause behavioral and motor issues, and even induce paranoia and severe anxiety upon first-time use.? As it turns out, people may no longer feel the ?positive? effects of cocaine and assume it's out of their system, but this isn?t always the case.

According to the article, many factors can influence how long a substance stays in the body. Things such as a history of substance use, other substances present in the system, and even the body?s metabolism can alter the length of time it takes for the body to fully process any given substance. ?How cocaine is used must

also be considered. Cocaine snorted or dabbed onto the gums lasts longer in the body than cocaine that is smoked or injected.? The article continues, ?However, it is impossible to give a clear timeline for how long cocaine will remain in anyone?s system.?

There is a difference, however, in how long something is impacting you within the system versus how long it can be detected in the system. Cocaine, in this instance, has a half-life of one hour. This means that every hour, the amount of cocaine in the body reduces by half. Despite this, it can be detected in urine and blood tests anywhere from 1-3 days after the last consumption. ?When the body metabolizes cocaine, it breaks the cocaine down and expels it appropriately. This means that your body will release some cocaine into your blood, urine, hair, and saliva as a way of excreting it.?

Recovering from a cocaine use disorder becomes easier when people have access to facilities such as Serenity Lane. Serenity Lane offers a high-quality detox program to help people start their recovery journey by assisting them through any potential withdrawal. Their staff is all trained and licensed to properly assist with any potential complications that can occur during withdrawal. After detox (which usually lasts around 3 days), the clinicians at Serenity Lane will meet with the patient to discuss the next steps. Serenity Lane offers both inpatient and outpatient treatment for cocaine use disorder, so clients are able to choose a path that works for them.

Serenity Lane has been helping people overcome substance and alcohol use disorders since 1973. All of the programs they offer have been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). They have introduced many new programs in Oregon, such as residential step-down and outpatient programs that integrate residential and outpatient services. They have also been the provider of the only Addiction Counselor Training Program in Oregon. Some of their graduates are now offering their services through several treatment programs throughout the country.

People who would like to know more about the addiction treatment services available through Serenity Lane of Eugene, Oregon can visit their website or contact them by telephone or email. Serenity Lane has live people ready to help place patients from 8:00 am - 7:30 pm Monday through Friday, and 8:00 am - 6:00 pm Saturday and Sunday.

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For more information about Serenity Lane Intensive Outpatient Services, Eugene, contact the company here:Serenity Lane Intensive Outpatient Services, EugeneStephanie Edwards541-485-1577info@serenitylane.org4211 West 11th AvenueEugene, OR 97402

Serenity Lane Intensive Outpatient Services, Eugene

Serenity Lane was established as a private, non-profit addiction treatment center for alcoholism and drug use in 1973. We have programs throughout Oregon and Southwest Washington. We believe that recovery from addiction is possible.

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