



The Healing Power of Trees: Edmond Tree Experts' Therapeutic Horticulture Program for Seniors

April 26, 2023

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Edmond, OK - Edmond Tree Experts, a premier tree care company in Edmond, Oklahoma, proudly announces the launch of their innovative Therapeutic Horticulture Program for seniors. This unique program aims to promote physical, emotional, and cognitive well-being among older people through activities centered around trees and nature.

Ardian Idrizi, CEO of Edmond Tree Experts, shares the inspiration behind the program: "We've always known that trees have a positive impact on our environment, but there's also growing evidence that they can greatly benefit our mental health. So we wanted to create a program that leverages the healing power of trees to improve the quality of life for seniors in our community."

The Therapeutic Horticulture Program offers a wide variety of activities tailored to the interests and abilities of seniors, including tree planting, pruning, nature walks, and educational workshops. Participants can enjoy hands-on experiences with trees and learn about their significance in the ecosystem while gaining a sense of

accomplishment, purpose, and connection with nature.

"Our program is designed to be adaptable to each individual's needs and preferences," explains Idrizi. "Whether it's planting a seedling, caring for a mature tree, or simply enjoying the beauty of a peaceful grove, there's something for everyone to enjoy and benefit from."

Read this story to learn about the engineering marvels of trees:
<https://www.pressadvantage.com/story/60145-edmond-tree-experts-uncovers-the-engineering-marvels-of-trees>.

In addition to the physical and cognitive benefits of the program, Edmond Tree Experts also emphasizes the social aspect of the Therapeutic Horticulture Program. The company encourages participants to form friendships and support networks, creating a sense of community and belonging that can be especially valuable for seniors.

Idrizi highlights the importance of social connections in the program: "We believe that the connections made between participants in our program are just as vital as the connections they make with nature. Sharing experiences, learning from one another, and bonding over a common interest in trees can profoundly impact a person's well-being."

Edmond Tree Experts has partnered with local senior centers, assisted living facilities, and healthcare providers to facilitate the Therapeutic Horticulture Program. The company's certified arborists and tree care professionals will work closely with these organizations to ensure the program is accessible and enjoyable for all participants.

"We're very excited about the potential of this program to make a real difference in the lives of seniors in our community," says Ardian Idrizi. "We look forward to seeing the positive impact that the Therapeutic Horticulture Program will have on their physical, emotional, and cognitive well-being."

To learn more about Edmond Tree Experts' Therapeutic Horticulture Program for seniors or to inquire about their tree care services, please visit their office at 106 NW 12th St, Oklahoma City, OK 73103, United States. Alternatively, contact their office at +1 405-766-5526 and sales@treeservicesoklahomacity.net.

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For more information about Edmond Tree Experts, contact the company here: Edmond Tree Experts Ardian Idrizi 405-444-8128 sales@treeservicesoklahomacity.net 402 Gaycliff Ter, Edmond, OK, 73003

Edmond Tree Experts

Edmond Tree Experts is a family-owned tree service with over 20-years of experience caring for the natural landscape of communities in Edmond & Oklahoma County.

Website: <https://www.treeservicesoklahomacity.net/edmond/>

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