

Georgia Hand, Shoulder & Elbow Specializes in Wrist Conditions and Treatments

May 16, 2023

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Georgia Hand, Shoulder & Elbow, a medical practice in Atlanta, GA, wants to point out that one of their specialties is the treatment of various wrist conditions. These include wrist fracture, ganglion cyst, carpal tunnel syndrome, vascular problems, hand and wrist sports injuries, and ligament injuries. They recommend seeing a wrist specialist if a person is suffering from symptoms such as chronic wrist pain, discomfort, or difficulty in doing daily chores. It is advisable to consult with wrist and hand specialists when suffering from bruising, tenderness, tingling, and swelling in the hand or wrist.

Some of the symptoms to look out for are: difficulty straightening wrist; difficulty or pain when twisting the wrist; inability to open, carry, or twist objects; swelling or tenderness; tingling in wrist, forearm, or fingers; and pain when performing daily tasks. An orthopedic specialist can provide treatment for these conditions through medication, surgery, therapy, or some combination of the three.

There are various kinds of wrist fractures of which the most common is the distal radial fracture, which arises

when the bones of the wrist and the longer radius meet. When the wrist and thumb meet, that is a scaphoid fracture. Both of these fractures may be resolved using a cast if treated early. If not, a kind of surgery known as wrist arthroscopy, may be needed.

Carpal tunnel syndrome occurs when pressure is exerted on the median nerve that is found in the wrist. Symptoms of this condition include numbness and tingling of the wrist, hand, or forearm. If the symptoms are making the performance of daily tasks difficult, it may be advisable to consult a doctor. Treatment may be minimal and sometimes, simply avoiding certain activities can help in mitigating the pain. However, in some situations, carpal tunnel surgery, which is highly effective and minimally invasive, may be required.

In a ganglion cyst, a small fluid-filled sac develops over a tendon or joint. This cyst is filled with a dense fluid and an orthopedist may be able to treat the cyst through aspiration or full removal.

Vascular problems may occur when the flow of blood to the nerves or tissues in the hand is interrupted. The symptoms, which are usually known as ischemia, include pain, tingling, numbness, or a heavy feeling in the affected area. Most of these cases can be treated with medication, diet changes, or lifestyle changes, although some surgery may be needed.

Meanwhile, hand and wrist injuries are quite common in athletes. These injuries may include tendonitis, ligament strains, and overuse injuries. They need to be treated as early as possible to avoid prolonged recovery and make sure that the hands and wrists will be able to function correctly. Possible treatments include counseling, physical therapy, and the use of casts or braces.

Ligament injuries usually involve a torn ligament or tendon in the wrist or a wrist sprain. Symptoms of these injures include soreness, aching pain, tenderness, and acute pain at the time of injury. Treatment as early as possible is recommended to avoid prolonged healing or worsening of the pain.

Founded in 1971, Georgia Hand, Shoulder & Elbow has been providing their clinical, diagnostic, rehabilitation, and surgical services for all issues related to the hand, shoulder and elbow, for over 50 years. Their team of compassionate healthcare professionals includes certified therapists and fellowship-trained orthopedic and plastic surgeons. Some of the treatments offered include outpatient assessments, outpatient surgical services, occupational and physical therapy, and office-based procedures. They offer the latest equipment and technology for their patients and apply the most advanced methods and procedures available. Furthermore, they are continuously updating their skills and knowledge on the latest developments to offer the best possible care for their patients.

The medical practice has been receiving a large number of highly positive reviews. They have an overall rating of 4.8 out of 5 stars after receiving 700 reviews on Google. In one recent review, Neil K. gave them five

stars and said, ?Always a pleasure at their facility. Everyone in the office is incredibly nice and professional. Not the maelstrom of so many other offices. Maria couldn't be better as a OT! I am on my second round of OT in a year and she has helped me out enormously. I have referred them a number of times and will continue to do so. Great group of folks they have.?

When in need of the services of a hand, elbow or shoulder doctor of Georgia Hand, Shoulder & Elbow, people can visit their website or contact them on the telephone or through email.

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For more information about Georgia Hand, Shoulder & Elbow, contact the company here:Georgia Hand, Shoulder & Elbow(404) 352-3522bmessick@gahand.orgGeorgia Hand, Shoulder, Elbow2061 Peachtree Rd NW Suite 500Atlanta, GA 30309, United States

Georgia Hand, Shoulder & Elbow

Serving the Atlanta area for more than 50 years. Georgia Hand, Shoulder & Elbow provides exceptional diagnostic, clinical, surgical, and rehabilitation services.

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