



## **Hanson Chiropractic & Massage Introduces New Techniques For Sciatica Pain Relief**

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Seattle, WA: Dr. Hanson's local chiropractic & massage clinic is helping patients in Seattle to prevent and treat sciatica before symptoms get worse. The top Chiropractor and his team apply spinal manipulations based on the latest scientific chiropractic techniques to take pressure off the sciatic nerve and free limited spinal movement, enabling people to live a healthier life.

Sciatica, also known as lumbar radiculopathy, is a pain radiating along the sciatic nerve and down the lower back. It affects roughly 40% of Americans and prompts over 3 million emergency visits each year. Misaligned vertebrae place pressure on the sciatic nerve, which travels from the lower back to the legs. Consequently, the patient can experience various symptoms, including numbness, burning, electric shock-like sensations, and pain in the lower back. When left untreated, the pain can impede the patient's ability to live an active, healthy lifestyle.

Hanson Chiropractic & Massage Clinic offers chiropractic care, massage therapy, and rehabilitative

exercises to alleviate sciatic nerve pain. Chiropractic care is based on the concept that the nervous system regulates the activity of cells, tissues, organs, and systems in the body. It can specifically target the misalignment of the spine, restoring balance to the body. For more severe cases, rehabilitative exercises are recommended to re-strengthen damaged muscles and assist with mobility. Treatment for symptoms may vary, including physical therapy, lifestyle modifications, or medication based on the cause and severity.

The first step in the process is a comprehensive consultation and physical evaluation from Dr. Hanson to determine the best course of treatment for each patient's needs. Afterward, the team prepares a unique therapeutic plan of chiropractic care, massage therapy, and rehabilitative exercises. Their therapists offer a variety of massage styles to improve their patients' physical and mental well-being.

All the professionals at Hanson Chiropractic center have many years of experience and specialize in identifying health and wellness needs. Their treatment plans meet patients' goals and utilize gentle and effective techniques to optimize their health. Patient health is also a top priority for the team, always ensuring each patient receives the attention they deserve.

About Hanson Chiropractic & Massage:

Located in Seattle, Washington, Hanson Chiropractic & Massage Clinic provides treatments for spine-related issues like back pain, neck pain, and auto and work injury rehabilitation. For more information, visit <https://hansonchiropractic.net/> to schedule an appointment today.

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For more information about Hanson Chiropractic & Massage Clinic, contact the company here: Hanson Chiropractic & Massage Clinic Hanson Chiropractic +12063062494 [hansonchiroassistant@gmail.com](mailto:hansonchiroassistant@gmail.com)

## **Hanson Chiropractic & Massage Clinic**

*At Hanson Chiropractic, we take a personal interest in your complete health status. Based in Seattle, Washington, we are a chiropractic center that offers treatment for spine-related issues such as back pain, neck pain, and sciatica injury rehabilitation.*

Website: <https://hansonchiropractic.net/>

Email: [hansonchiroassistant@gmail.com](mailto:hansonchiroassistant@gmail.com)

Phone: +12063062494

# HANSON

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