



Finding Me Expert Chad Willis Challenges People To Create Their Own Reality And Change Their Lives In New Blog Post

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Chad Willis, Finding Me motivational speaker, author and nutritional expert, has published yet another blog post, challenging people to change their reality and change their lives. Full details about this post and his philosophies, writings and other work are available at <http://chadwillis.me/>. Willis has declared that his goal is to help people rise above the challenges of their surroundings and become someone who makes a positive impact on the world as a whole.

"People often say they don't want to be a product of their environment," says Chad Willis himself. "I've discovered that the process of aligning your work with your passion produces the largest results. So now I work day and night focused on helping others to see and create a lifestyle that goes above and beyond anything they ever imagined themselves. A lifestyle filled with Love, Family, Health, Fitness, Nutrition, Community, Compassion and Financial Independence."

Willis wants people to understand that the circumstances of their life should never stop them from reaching their dreams. It is by believing that anything is possible that people are able to make things happen and make

their dreams come true. Through his work, Willis encourages people to become the best they can be for themselves, their friends and family and the world as a whole.

The work he has done has already changed many lives. "I was fat, there's no other word for it," says Tracy P. "This led to me having low self-confidence, and no energy or passion in anything. Effectively, I was waiting for life to be over. Chad showed me that I could transform my life, however, and I took him up on his challenge. Now, my relationships are improving, I have lost weight, I've taken up hobbies and I am deeply engaged in my community. I have literally transformed my life thanks to Chad."

Willis bases all his advice on processes that he has gone through himself. He understands that the physical body is what reflects a person's life, which is why he feels it is vital to include body and emotional awareness in all his work. His teachings show people how to better manage their time and how to get healthier, so that they can enjoy their lives more overall.

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Chad Willis| Finding Me

People often say they don't want to be a product of their environment. For me, Chad Willis, it's always been more than a saying; it's been a necessity.

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