



Tips From Belmont Dental Surgery to Extend the Lifespan of Dental Implants

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Belmont Dental Surgery, a prominent dental practice in Belmont, is providing crucial advice to assist patients in prolonging the durability of their dental implants, with valuable tips shared by Dr Kent Tan, Principal at Belmont Dental Surgery.

"Patients who have invested in dental implants understandably want to ensure their implants last as long as possible," says Dr Kent Tan. "By following proper care and maintenance techniques, individuals can significantly increase the longevity of their dental implants and enjoy the benefits for years to come."

Regular dental checkups play a crucial role in maintaining the health and longevity of dental implants. Dr Kent Tan advises patients to schedule checkups every six months or as their dentist recommends. These routine visits allow dental professionals to monitor the implant's health, examine the surrounding gums, and identify potential issues before they escalate.

"Proper oral hygiene is essential to the success of dental implants," explains Dr Kent Tan. Patients are encouraged to follow a regular oral hygiene routine, including brushing their teeth at least twice a day,

flossing, and using an antimicrobial mouth rinse. Dr Tan also recommends incorporating interdental brushes and water flosses into the routine to clean around the implants and reach inaccessible areas.

Adopting a healthy lifestyle can significantly contribute to the longevity of dental implants - <https://www.belmontdental.com.au/how-long-do-dental-implants-last/>. Dr Kent Tan suggests quitting smoking and avoiding tobacco products, limiting alcohol consumption, managing stress levels, and engaging in regular exercise. These habits promote overall health and wellness, which in turn supports the success and lifespan of dental implants.

When considering dental implants, patients often question their expected lifespan. Dr Kent Tan highlights that research and statistics show a high success rate, with over 95% of dental implants functioning well after 10 years. Some studies even suggest that implants can last for 20 to 30 years, or even a lifetime, with proper care and maintenance.

Dr Tan emphasises that several factors influence the lifespan of dental implants. Materials such as titanium or zirconia contribute to their durability, biocompatibility, strength, and corrosion resistance. Proper placement of the implant, performed by skilled dental surgeons, is vital for maintaining stability and long-term success. Additionally, adequate bone density and quality are essential for successful integration with the jawbone.

Dr Kent Tan also highlights the critical role of maintaining good oral hygiene, as poor oral care can lead to peri-implantitis, a condition that compromises the implant's stability. Furthermore, smoking and excessive alcohol consumption can adversely affect the healing process and long-term success of dental implants.

"When considering dental implants, it's important to discuss these factors with the dentist to obtain an accurate estimate of their expected lifespan," advises Dr Kent Tan. "By understanding these variables and implementing proper care techniques, patients can ensure the longevity of their dental implants and enjoy the benefits of a confident smile and restored oral function."

For more information on how long do dental implants last and to schedule a consultation, please contact Belmont Dental Surgery at (08) 9277 3837 or email info@belmontdental.com.au.

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Belmont Dental Surgery

Belmont Dental Surgery is a trusted provider of high-quality dental care in Belmont, WA. Led by Dr. Ben Campbell, the practice has been serving the local community for over two decades.

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