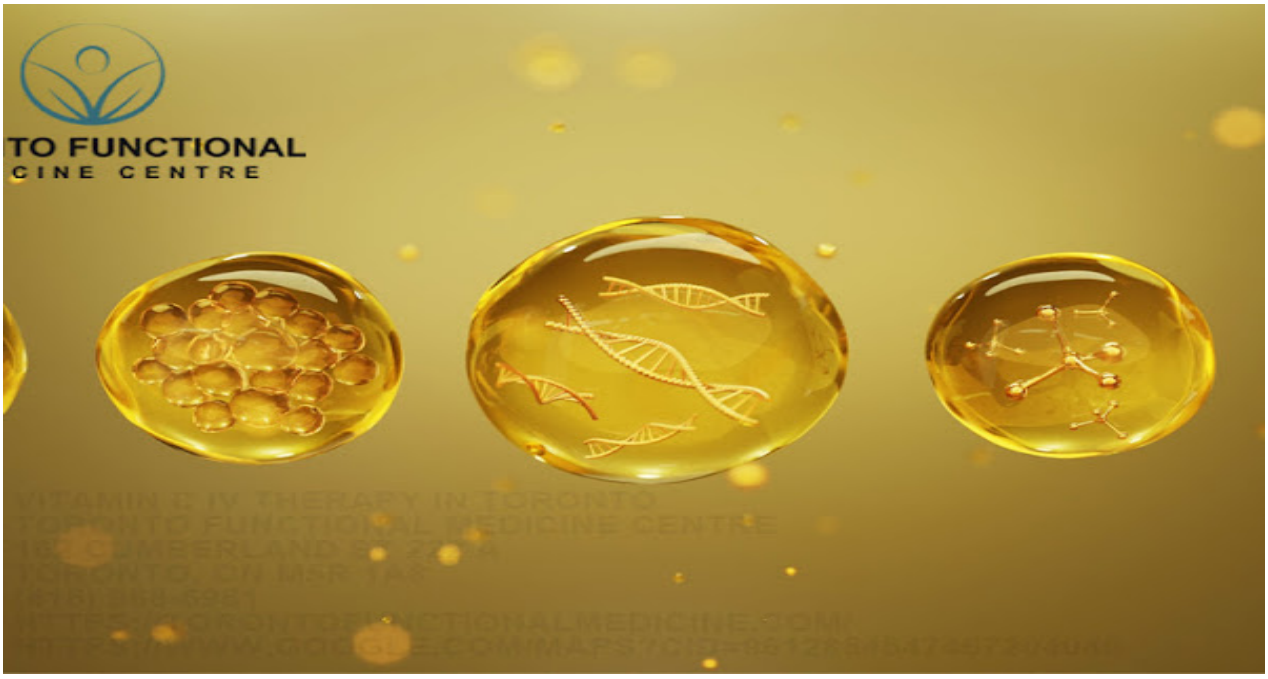


Toronto Functional Medicine Centre Explains the Effects of Vitamin C IV Therapy in Toronto

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Toronto Functional Medicine Centre in Toronto, ON, Canada, has published a new blog post that examines the effects of vitamin C IV therapy in Toronto. It is important to note that Vitamin C has been observed to be an antioxidant that has been shown to have potential positive effects on healthy aging, blood vessels, skin vitality, cellular functioning, much-needed energy, and more. Although Vitamin C is found in some fruits and vegetables, some people may need additional Vitamin C for their health issues. In fact, it has been noted that people suffering from post-disease symptoms, chronic stress, thyroid issues, excessive physical exertion, or post-surgery effects may require Vitamin C supplements as part of their daily routine. Supplementation is usually through intravenous (IV) vitamin therapy with high-dose Vitamin C being one kind of infusion provided by the Toronto functional medicine clinic for their patients.

There are many potential benefits of Vitamin C administered via IV therapy. First of all, it offers complete absorption of Vitamin C. This is because the ascorbic acid IV drip therapy is inserted directly into the bloodstream, bypassing the digestive tract, enabling the full absorption of the nutrients. In contrast, oral supplementation may have limited bioavailability because the intestines have to break down the supplements chemically before absorption.

Second, Vitamin C naturally contains antioxidant characteristics and may be capable of fighting oxidative stress and free radicals. Free radicals can cause depression symptoms, a lack of energy, memory problems, anxiety, and wrinkly skin. Third, Vitamin C may enhance iron absorption in the human body. It can support a person?s iron levels, particularly the absorption of non-heme iron. This is a different kind of iron from plant-based foods, such as leafy greens.

Fourth, Vitamin C may also provide adjunct cancer care support and may help upgrade the quality of life of cancer patients, particularly in decreasing the side effects of chemotherapy. This was shown in a review article in the ?Journal of Experimental & Clinical Cancer Research? that attested to the ability of high-dose IV Vitamin C to serve as an adjuvant support for cancer care, which may have synergistic effects with customary chemotherapies.

It is also important to note that there are some risks involved with Vitamin C IV infusion therapies. For example it may not be suitable for some people, such as patients with G6PD deficiency since it may generate hemolysis. High doses of Vitamin C may not be appropriate with people who are suffering from kidney malfunction because it may cause the production of oxalates, which may remain in the bones and soft tissue that may result in pain and other problems over time. High-dose Vitamin C may also interact with cancer medications, which could reduce the impact of these medications. Thus, it is advisable to consult with a functional medicine healthcare provider if the patient is undergoing cancer therapies.

In addition, just like other IV drip treatments, Vitamin C therapy drips may have some side effects. That is why sessions are closely monitored by registered health care providers, including medical doctors, nurse practitioners, or naturopathic doctors.

People who are interested in IV therapy in Toronto, including a previous article on IV therapy in Toronto with serine, can go to the Toronto Functional Medicine Centre website or contact them on the phone (416) 968-6961 or through email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays, Wednesdays, and Fridays; from 10:00 am to 5:00 pm on Tuesday and Thursdays; and from 9:00 am to 4:00 pm on alternating Saturdays.

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Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

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