



## **Virgin Islands Neurology St. Thomas Offers Botox for Hormonal Migraines**

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Virgin Islands Neurology - St. Thomas, a neurology practice based in the U.S. Virgin Islands, has announced that they are offering Botox treatment for hormonal migraines. Hormonal migraines are one of the most common types of migraine that affect many people, particularly women who are taking hormonal medications or are suffering from hormonal changes that are related to menopause and premenstrual syndrome (PMS). Those who are suffering from hormonal migraines may be able to find relief from Botox treatment.

Gary Starkman, MD from Virgin Islands Neurology - St. Thomas says, "Hormonal migraines, also known as menstrual migraines, are caused by changes in hormone levels that can occur during menstrual cycles, pregnancy, menopause, and other stages of life. Hormonal imbalances can lead to fluctuating levels of estrogen, which can trigger inflammation and pain signals in the brain. This could cause a person to experience migraine symptoms such as throbbing headaches and extreme sensitivity to light or sound. They affect about 25% of women who suffer from migraines and can be much more severe than regular migraine headaches."

The symptoms of hormonal migraines can include nausea and vomiting, intense throbbing pain on one side of the head, exhaustion, and extreme sensitivity to light, smell, and sound. Some of the usual causes of hormonal migraines include: birth control pills, menstruation, pregnancy, perimenopause, menopause, and hormone replacement therapy.

Botox injections use small quantities of botulinum toxin for certain areas of the face to block nerve signals in facial muscles to decrease the appearance of fine lines, wrinkles, and crow's feet. However, Botox has also been approved by the FDA for the treatment of chronic migraine pain, strabismus (crossed eyes), excessive sweating, and cervical dystonia (muscle spasms in the neck).

In a clinical study involving over 1,300 people with chronic migraines, those who got Botox injections every 12 weeks were able to decrease their migraine days by up to nine days per month, in contrast to the control group over a period of three months. In addition, there is no indication that drug resistance developed during the duration of the study. Furthermore, other types of headache may also be treated with Botox, such as: sinus headaches, tension headaches, chronic migraines, vestibular migraine, and cluster headaches.

However, while Botox is a safe procedure that has been approved by the FDA, but patients may experience some minor pain or discomfort at the injection site during the process. Most people reported only experiencing mild discomfort and no long-term problems. However, there are a number of potential side effects, such as: muscle weakness, bruising at the injection site, injection site pain, headaches, nausea, dry mouth neck stiffness, neck pain, and fatigue.

Gary Starkman, MD, says, "Our team of experienced neurologists at Virgin Islands Neurology is dedicated to providing the highest quality care and treatments to treat chronic migraines. Our individualized approach offers a variety of options that can help relieve symptoms of hormonal migraines and provide long-lasting relief from painful migraine episodes. We understand how debilitating this condition can be, so we are committed to helping our patients living in the U.S. Virgin Islands find the best possible solution for their unique needs. Call us today to schedule a consultation."

Virgin Islands Neurology - St. Thomas is made up of a team of highly skilled and experienced healthcare professionals who are committed to remaining updated with the latest developments in the field of neurology. They work closely with their patients to come up with a personalized treatment plan that is tailor-fitted to each patient's unique needs and goals. They always take a patient-centered approach to care where they prioritize communication, collaboration, and education in each aspect of the practice.

A spokesperson for Virgin Islands Neurology says, "We understand that neurological conditions can be complex and overwhelming for patients and their families. That's why we strive to create a warm and

welcoming environment in our practice where patients feel comfortable and supported throughout their journey to better health. Our practice is equipped with state-of-the-art technology and resources to ensure that our patients receive the best possible care. We are proud to serve the people of the Virgin Islands. Our commitment to service makes us look forward to helping you achieve better neurological health.?

Those who are looking for a neurologist can check out the Virgin Islands Neurology - St. Thomas website or contact them on the phone or through email. They are open from 9:00 am to 5:00 pm, from Monday to Friday.

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For more information about Virgin Islands Neurology - St. Thomas, contact the company here: Virgin Islands Neurology - St. Thomas Gary Starkman, MD (340) 642-5705 info@vineurology.com Virgin Islands Neurology - St. Thomas St Thomas, 9150 Estate Thomas Ste 203 Charlotte Amalie, St Thomas 00802, U.S. Virgin Islands

### **Virgin Islands Neurology - St. Thomas**

*At Virgin Islands Neurology - St. Thomas, we are committed to providing outstanding neurological care tailored to each patient's needs in St. Thomas.*

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