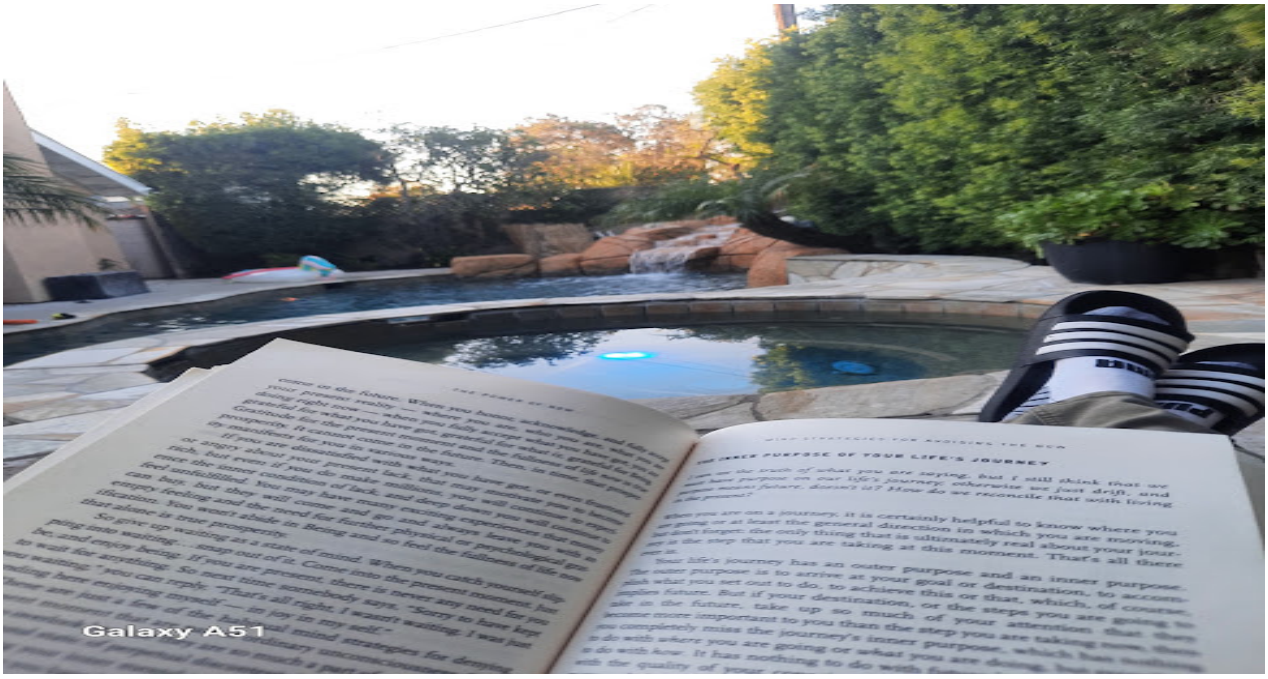


Patient Highly Recommends Resurgence Behavioral Health for Any Kind of Addiction

June 12, 2023

Costa Mesa, California - June 12, 2023 -
Costa Mesa, California?A former client was so pleased with his treatment for substance use disorder at Resurgence Behavioral Health, he posted an enthusiastic five-star review on Google.

?Great life experience!? wrote Robert, the former client. ?I was at the Costa Mesa (California) location and the staff was wonderful. If you have any kind of addiction this would be the best place for you to go!! Highly recommend!!?

Resurgence Behavioral Health does indeed offer treatment for use disorders involving virtually every addictive substance, from alcohol to drugs including prescription medications. Its team of medical professionals, counselors, therapists, and addiction specialists works with each client to design a customized treatment plan with strategies that include medically assisted treatment and recognized forms of behavioral therapy.

Many clients undergo treatment for trauma-related disorders and mental illnesses ranging from mood disorders to suicidal ideation, self-harm, and violence against others. Treatment is also offered for clients with both addiction and a mental health disorder, a complex diagnosis that must be approached with an understanding that both conditions work together. Often, addiction is not the primary condition but is merely a symptom of an underlying mental illness such as depression or anxiety; the addict is ?self-medicating? the disease with alcohol or drugs. This surprisingly common condition affects an estimated one-third of people who have an addiction to drugs or alcohol. It is critical to treat both conditions together. If the addiction is resolved but the emotional disorder remains, the addict is likely to relapse after returning to the problems of everyday life.

With a customized approach to addiction treatment, the Resurgence team has a variety of strategies at their disposal for helping clients overcome their addictions. These include evidence-based, proven behavioral therapies and medication-assisted treatment plans to ease withdrawal symptoms and reduce cravings.

Treatment is aligned with traditional 12 Step programs, but in line with its belief in accommodating all needs, Resurgence also offers an alternative: SMART (Self-Management And Recovery Training). Many leading recovery programs offer SMART. It differs from 12 Step treatment in many ways, including lacking a spiritual or ?higher power? component.

Therapeutic settings also take clients through a full range of needs, from detox through residential and outpatient care followed by sober living and aftercare upon completion of treatment. In addition, virtual therapy is available when appropriate for clients who cannot attend sessions in person.

Resurgence recognizes how vital a successful detox is to the entire recovery experience and makes it as comfortable as possible so the client will see it through and continue to treatment. Medications are offered to ease the uncomfortable and sometimes painful withdrawal symptoms, and detox is supervised to ensure the client?s safety.

Upon completion of detox, the client usually moves on to residential addiction treatment, where they can immerse themselves in their therapy without distractions. Customized programs are offered in a safe, healthy environment where they can learn to manage their addiction successfully and avoid situations that may trigger a relapse.

Resurgence also offers outpatient treatment for clients who have completed more intensive treatment plans and are ready to transition to daily life independently. This is a critical time with a significant risk of relapse, as the client has left the emotional safety and security of Resurgence?s daily care. Resurgence?s aftercare specialists offer expert support and attention so clients can continue their journey to lasting recovery and build happy, productive new lives.

If anyone needs help for any form of addiction or mental illness or are seeking help for a friend or loved one, visit Resurgence Behavioral Health or call 855-458-0050. Resurgence Behavioral Health offers a long list of reasons why to attend their facility, one being they are a "pet-friendly" treatment center. Resurgence Behavioral Health is excited to help readers or their loved ones win the battle against substance abuse.

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For more information about Resurgence Behavioral Health, contact the company here:Resurgence Behavioral HealthDavid Rofofsky+19498996003info@resurgencebehavioralhealth.com

Resurgence Behavioral Health

We are the #1 addiction treatment center in Costa Mesa California for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth and cocaine as well as prescription drug addiction, we can help.

Website: https://resurgencebehavioralhealth.com/california/costa-mesa/

Email: info@resurgencebehavioralhealth.com

Phone: +19498996003