



## **Pinnacle Peak Recovery Shines Light on Arizona's Substance Use Statistics**

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Starting the road of recovery from substance use is no small feat, and at Pinnacle Peak Recovery Arizona, they take every measure to provide a safe, comfortable, and effective treatment center that can help people overcome their toughest addictions. Located in beautiful Scottsdale, Arizona, Pinnacle Peak Recovery is a highly rated rehabilitation center that's been featured on the Emmy-nominated show, "Intervention" (A&E network). The center offers both in-patient and out-patient recovery treatment, as well as a detox center and mental health services. This week, they announced important statistics on Arizona drug problems to inform their community about the current state of substance use in The Grand Canyon State.

The center provides addiction treatment for the following substances: Adderall, alcohol, benzodiazepines, cocaine, meth, heroin, fentanyl, opioids, and marijuana. The center also offers dual-diagnosis treatment for people who're managing substance use and mental health at the same time.

Pinnacle Peak Recovery has published information on important statistics regarding drug and alcohol addiction. For alcohol addiction, Arizona ranks 21st out of all 50 states for the highest rates of excessive alcohol use, with over 17% of the adult population admitting to alcohol use disorder. Alcohol is the third

leading cause of preventable deaths in the US. Alcohol is widely available in Arizona 24/7, everywhere from bars and restaurants, to grocery and convenience stores. This is why Pinnacle Peak Recovery offers an alcohol recovery program that helps patients not only get off alcohol but address the underlying mental health issues triggering alcohol use disorder.

Addiction to prescription pills is on the rise, too. Of the estimated 558,000 people with a substance use disorder in the Phoenix-Mesa area, close to 7% of them admit to misusing prescription drugs. One of the commonly misused prescription drugs is benzodiazepine (aka benzos), which includes alprazolam, diazepam, and more. Typically benzodiazepines are used to treat epilepsy, anxiety, and insomnia. Due to the nature of benzos, even when taken as medically prescribed, there is a chance for withdrawal to occur. Withdrawal and its side effects can sometimes encourage people to continue taking a substance, which can lead to a substance use disorder. Pinnacle Peak Recovery offers a comprehensive benzodiazepine treatment, involving detox, mental health treatment, and coping strategies that address addiction triggers and environments.

Opioids, cited as the most abused drug in the United States, are a huge issue in Arizona, according to Pinnacle Peak Recovery. The Arizona Department of Health Services states that as high as five people per day die from opioid overdose. The state saw a 30% rise in opioid-related deaths in 2020 alone. And according to the CDC, nearly 75% of all drug-related deaths involve opioid use. General opioid use can often lead to heroin use, given that heroin is a cheaper, more readily available street drug that is usually stronger than pharmaceutical opioids. Pinnacle Peak Recovery offers both inpatient and outpatient treatment programs for opioid and heroin use disorders, including detox and other evidence-based approaches.

Recovery is possible for all who are currently managing a substance use disorder. Pinnacle Peak Recovery can help people beat their substance use and regain control of their lives. To learn more about Arizona drug problems and statistics, or get information on their rehabilitation center, please contact them at (866) 954-0524 or [info@pinnaclepeakrecovery.com](mailto:info@pinnaclepeakrecovery.com). They are located at 8070 E Morgan Trail Unit 200, Scottsdale, AZ 85258.

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For more information about Pinnacle Peak Recovery, contact the company here: Pinnacle Peak Recovery Tyler Tisdale 480-750-1200 [info@pinnaclepeakrecovery.com](mailto:info@pinnaclepeakrecovery.com) 8070 E Morgan Trail Unit 200 Scottsdale, AZ 85258

**Pinnacle Peak Recovery**

*Pinnacle Peak Recovery is a residential and intensive outpatient addiction treatment facility located in Scottsdale, Arizona. We offer nationally recognized, evidence-based treatment options for those needing drug rehab services.*

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