

## Toronto Functional Medicine Centre Explains Key Facts About Chelation IV Therapy in Toronto

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Toronto Functional Medicine Centre in Toronto, ON, Canada, has recently published a blog post that presents important facts about chelation IV therapy in Toronto. Chelation therapy is an elective treatment with the goal of eliminating toxins in the body, especially the dangerous heavy metals that have accumulated in soft tissues. Surprisingly, people are often exposed to heavy metals, which can have negative effects on cognitive function, immune cells, liver detoxification, muscle function, and more.

Some of the ways in which people can get exposed to heavy metals are: when the person?s job involves heavy metal materials (i.e. gasoline, paint, mining, pesticides); inhalation of excessive levels of air pollutants or lead paint; eating fish from mercury-containing waters; dental amalgams; drinking water that?s contaminated from older piping; when kids touch or taste toys that contain lead; from using medications that require metal as a key ingredient; and more.

The accumulation of heavy metal toxins in the body may increase the risks of various health problems, such

as nervous system disorders, immune system dysfunction, kidney dysfunction, cancers, and anemia, while encouraging weakness, memory issues, low energy, and breathing problems.

Candidates for chelation therapy are patients who have been diagnosed with heavy metal overload and have no contraindications to oral or IV chelation therapy. For those who don?t have a positive result for heavy metals but have symptoms that may indicate heavy metal toxicity, they must undergo certain functional medicine lab tests, such as a toxic element clearance profile, which measures the amount of mercury, nickel, and other harmful elements in the body. Patients requiring IV chelation must also have a consultation with the Toronto functional medicine health team.

In chelation therapy, therapeutic doses of chemical agents, such as ethylenediaminetetraacetic acid (EDTA), are provided in pill form for oral supplementation or as an IV infusion drip under certain situations. The chelating agent works by attracting metallic molecules from tissues in the body. Later on, this chemical is eliminated from the body through urination. However, it is important to note that EDTA and other chelators, such as dimercaptosuccinic acid (DMSA) and 2,3-dimercaptopropane-1-sulfonic acid (DMPS), while removing toxic metals, may also removed minerals needed by the body, such as copper, manganese, and zinc. Therefore, it is essential to work with a health practitioner who may help in correcting deficiencies in these minerals and vitamins after chelation therapy.

It is also vital to note that chelation therapy has also been used for Alzheimer?s, cardiovascular problems, and autism. However, further research is required to confirm that chelation therapy is indeed suitable for various health issues aside from heavy metal poisoning. Because of safety issues, chelation therapy is not advisable for people with heart failure, kidney malfunction, and liver problems, children, and those who are pregnant.

It is important to note that if left untreated, heavy metal poisoning could result into other health issues, including irritable bowel syndrome, immune health problems, or ADHD. The Toronto Functional Medicine Centre offers a customized treatment plan for specific needs of the patient, including health goals related to physical performance or mental clarity. At their IV Lounge, the nutrients and other natural ingredients for the IV therapy drips they provide are freshly compounded daily and they comply with the principles of integrative functional medicine.

The Toronto Functional Medicine Centre in Toronto, Ontario, Canada uses an integrative functional medicine perspective that combines acupuncture, bio-identical hormone replacement, allopathic medicine, naturopathic medicine, and more. This perspective may be used for various kinds of health problems, such as: acute health issues, neuropathic pain, postmenopausal health issues, hormone imbalances, tissue repair, athletic recovery, cellular damage, DNA repair, thyroid issues, chronic fatigue, mineral deficiencies, fertility support, immune function, adrenal function, skin rejuvenation, and more.

Those who would like to know more about IV therapy, including IV therapy history, can visit the Toronto Functional Medicine Centre website. They can be contacted through the phone at (416) 968-6961 or via email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays and Wednesdays; from 10:00 am to 5:00 pm on Tuesday and Thursdays; from 9:00 am to 5:00 pm on Fridays; and from 9:00 am to 4:00 pm on alternating Saturdays.

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For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreChristina Ramos(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

## **Toronto Functional Medicine Centre**

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

Website: https://torontofunctionalmedicine.com/

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