



## Cocaine Overdose ? Clean Recovery Centers Educates

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New Port Richey, FL ? Clean Recovery Centers in New Port Rickey has been doing their due diligence by providing educational tools to their communities. In their latest blog post, they discuss the dangers of cocaine use, as well as the signs and symptoms of a cocaine overdose.

?The public needs to know that cocaine can lead to heart attacks and strokes, and there is no medication to administer that will counteract the effects. When we think of a drug overdose, we often think of opioids and how narcan can reverse the effects. That is not the same for cocaine; there is no way to reverse or reduce the effects it is having on the body,? the article states.

Cocaine is a stimulant and is often used in ?binge sessions.? The effects that cocaine produces only last around 15 to 30 minutes, meaning the person will want to use more to keep the feelings going. This is how an overdose occurs. Some of the first signs that can be noticeable in a potential overdose include breathing and heart rate changes. Rapid heart rate and shallow breathing are indicators that the body is not tolerating the amount of cocaine in the system. It is important to monitor these symptoms for progression.

The most common symptoms of cocaine overdose include increased body temperature, profuse sweating, chest pain, nausea or vomiting, and seizures. If an overdose is ignored, the dangers become life-threatening.

Continued cocaine use can stop the heart, leading to coma and death. This is especially true for those who have mixed substances, such as cocaine and alcohol. Because alcohol is a depressant, the person may feel like the two have canceled each other out and continue to use them.

?Anyone who uses cocaine is at risk for overdose as even the first time can cause it. Teens are at higher risk for developing cocaine dependence. The brain is not fully developed in the teen years, and neural pathways can be learned quicker than in adults. Engaging in risky or experimental behaviors is also common among teens.

Those who are genetically predisposed to have a heart condition are at risk for cocaine overdose. Even if a heart condition is not present, prolonged cocaine use can cause it to appear sooner or cause more damage than just the condition alone. The heart is not capable of muscle regeneration, so any damage done by cocaine will be irreversible,? the article continues.

Undiagnosed mental health conditions, genetic predisposition for risky behaviors, health concerns such as high blood pressure, and using cocaine at an early age are all risk factors for developing a cocaine use disorder. Clean Recovery Centers has helped hundreds overcome addiction through their unique, three-phase approach to treatment.

The staff at Clean Recovery Centers in New Port Richey is capable of diagnosing a mental health condition at any stage of treatment, and can also treat the condition as a primary diagnosis. They have locations along the Suncoast including Tampa, Sarasota, Largo, and their newest addition in Bradenton. The goal for their team is simple: help all their clients to get clean, live clean, and stay clean.

To learn more about Clean Recovery Centers and their individualized care program, call their hotline at (888) 330-2532 or visit their website. They are available 24/7 online to answer any questions and provide guidance.

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For more information about Clean Recovery Centers - New Port Richey, contact the company here: Clean Recovery Centers - New Port Richey Terri Boyer (727) 766-0503 info@cleanrecoverycenters.com 9270 Royal Palm Ave New Port Richey, FL 34654

## **Clean Recovery Centers - New Port Richey**

*Clean Recovery Centers in New Port Richey, Florida is a drug and alcohol detoxification and residential level 1 treatment facility for substance use disorder.*

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