Arrowhead Clinic Chiropractor Atlanta Explains Whether Chiropractor Care Is Effective After a Car Accident

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Arrowhead Clinic Chiropractor Atlanta, a chiropractic practice in Atlanta, GA, has recently released a blog post explaining effective chiropractic care after a car accident at Arrowhead Clinic. They want to emphasize the importance of getting a professional assessment after a car accident because injuries usually go unnoticed, and later on acute injuries may develop into more serious injuries. This is because the forces exerted on the body during a car collision can possibly cause substantial injuries. Chiropractic care can provide comprehensive healthcare support that may restore a person?s quality of life after an accident.

Dr. Summer Turner from the Arrowhead Clinic Chiropractor Atlanta says, ?After an auto accident, seeking medical attention from your primary care physician and chiropractic care are viable options. An accident chiropractor uses a natural healing process that realigns the spine, promotes healing, decreases inflammation and pain levels, and helps you regain mobility that may have been lost from an auto accident injury. Seeking chiropractic treatment following an incident can prevent long-term complications and ensure optimal recovery. Chiropractic adjustments have been shown to significantly reduce pain, improve mobility, and serve as a safer alternative to prescription pain medication after a car accident.?

Some of the common injuries after a car accident affect the spine and neck, such as whiplash, disc injuries, bone fractures, spinal misalignments, muscle strains, nerve pain, and ligament tears. Usually, injuries caused by a car accident are soft tissue injuries, which are also called trauma or acute injuries and may not be felt by the person right away. This is due to the rush of adrenaline after a crash, which can cause shock and hide the pain symptoms. It is therefore important to seek medical attention as soon as possible after a car accident to get an accurate diagnosis and treatment plan before the condition worsens.

A typical injury in rear-end collisions and other kinds of impact is whiplash. The symptoms of whiplash may

not be noticed by the accident victim for several hours or even days after the incident. Whiplash can cause pain, muscle stiffness, headaches, decreased range of motion, vertigo, and difficulty swallowing. While whiplash doesn?t involve broken bones or internal bleeding and is commonly not regarded as serious injury, it may cause severe pain and discomfort if not treated. Even a minor case of whiplash may result into long-term issues, such as reduced range of motion of the neck and chronic neck pain.

Furthermore, car accidents may cause spine misalignment, which can cause pain, decreased mobility, stiffness, and other complications such as herniated discs. Chiropractors may employ various methods, including spinal adjustments, massage therapy, stretching exercises, and mobilization to realign the spine and minimize symptoms. While some people may believe that surgery is more effective for treating spinal injuries, it is invasive and is accompanied by risks of infection or nerve damage. In addition, surgery usually requires a long recovery period during which patients would not be able to work or do their regular activities.

Dr. Turner says, ?Chiropractic care not only can it alleviate pain and other symptoms, but it can also help prevent future complications. Whether or not you were in a severe or minor accident, seek a consultation with a chiropractor soon after an accident so they can assess potential damage and develop a treatment plan before symptoms worsen.?

Arrowhead Clinic Chiropractor Atlanta is a clinic in Atlanta, Georgia, offering family chiropractic care and spinal health with a team of chiropractors and healthcare professionals headed by Dr. Summer Turner. She is well experienced in chiropractic care with a focus on sports-related therapies. She had trained under the chiropractor for the Carolina Panthers while she was taking her master?s in sports rehabilitation. She is certified in various soft tissue techniques, including fascial distortion model (FDM) and active release technique (ART), including a movement diagnosis technique known as selective functional movement assessment (SFMA).

Those who would like to access the blog post about chiropractor care after a car accident can go to https://mgyb.co/s/dMP8w. Those who are interested in learning more about Arrowhead Clinic Chiropractor Atlanta can check out their website or contact them on the phone.

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Arrowhead Clinic Chiropractor Atlanta

At Arrowhead Clinic in Atlanta, our Cascade Rd location specializes in treating personal injuries for 48 years and is a leader in the field. By utilizing chiropractic and Medical Doctors, we are able to treat your injuries with care and precision.

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