

# Kingsway Dermatology & Cosmetic Centre Offers Free Trial for ?Kegel Throne?

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Toronto, ON, ? Kingsway Dermatology & Cosmetic Centre has announced their free trial program for the Emsella chair, also known as the ?Kegel Throne.? The program, entitled "Take a Seat," offers a free trial to allow patients to get a feel for how the chair works. The Emsella chair is part of Kingsway Dermatology?s wellness centered offerings and is used to tighten pelvic floor muscles and improve sexual health. By offering a trial of this in-demand device, Kingsway Dermatology affirms their commitment to providing Toronto residents with accessible, quality care for common conditions.

?The Emsella chair works wonders for patients looking to strengthen their pelvic floor health and functionality,? said Elena Poulos, M.D., co-founder of Kingsway Dermatology. ?I want as many people as possible who are struggling with pelvic floor dysfunction, incontinence, and all the other issues to experience what the Emsella can do for them. That was our motivation behind running this promotion. We think this will be a great opportunity to introduce this technology to new patients who don?t know that a solution exists for the common problems they?re currently facing.?

Emsella uses high intensity focused electromagnetic energy waves to create muscle contractions that were previously only possible by doing traditional pelvic floor exercises, like Kegels. The health of the pelvic floor is important for basic bodily functions, and when weakened, it can lead to incontinence and other issues, like painful intercourse. Age, menopause, and childbirth can all weaken the pelvic floor, with contraction-based exercises like Kegels typically recommended as a tool to strengthen the floor?s walls.

?I?m so excited to be sharing the Kegel Throne with more patients,? added Marnie Fisher, M.D., B.SC.H., M.SC., co-founder of Kingsway Dermatology. ?We?re seeing a lot of advancements in research and technology in regard to sexual health and wellness, and the more innovation occurs in the field, the more people can get help for common and avoidable issues. What I love about the Emsella chair is how it streamlines the process of exercising your muscles by doing all the work for you. In less than a half hour, the

Emsella can induce around 11,000 contractions, which is way more than any human could reasonably do on their own.?

Beyond urinary incontinence, the Emsella chair can assist anyone with sexual health issues. It's suitable for most patients and is noted for its painless process. The "Take a Seat?" free trial allows patients to get a feel for the chair and leads to Kingsway Dermatology's "True YOU" plan, which includes maintenance treatments and makes it more affordable than using insurance in the long term.

The Emsella, since it was approved by Health Canada, has been helping people regardless of gender and age, continued Dr. Fisher. I think sometimes people think that incontinence and a weakened pelvic floor are something that only happen as they grow older, but in reality, it can happen to anyone. Emsella is the easy solution to those problems, and it takes away some of the awkwardness that people feel around sexual health and wellness because of how it takes care of your issues for you.?

Kingsway Dermatology is open and taking appointments for new and existing patients, with their Emsella promotion currently ongoing.

#### About Kingsway Dermatology & Cosmetic Centre

Founded in 2006 by Dr. Elena Poulos and Dr. Marnie Fisher, Kingsway Dermatology & Cosmetic Centre is an up-to-date, modern facility that combines the most advanced technology in both medical and cosmetic dermatology. Able to provide for patients of all skin care needs under one roof, treatment at Kingsway Dermatology & Cosmetic Centre is highly personalized and has a strong focus on education. Noted for their natural-looking results, as well as the expertise of their dermatologists, the practice has a reputation for delivering safe and natural results for the Toronto community.

For more information, please visit <https://kingswaydermatology.com/>.

#### Summary

Kingsway Dermatology & Cosmetic Centre is running a promotion on the Emsella chair, which produces supramaximal contractions of the pelvic floor to prevent urinary incontinence and other issues.

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For more information about Kingsway Dermatology & Cosmetic Centre, contact the company here: Kingsway Dermatology & Cosmetic Centre Dr. Elena Poulos (416) 231-0103 [cosmetic@kingswaydermatology.com](mailto:cosmetic@kingswaydermatology.com) 1243 Islington Ave Unit 1000, Etobicoke, ON M8X 1Y9,

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## **Kingsway Dermatology & Cosmetic Centre**

*Kingsway Dermatology & Cosmetic Centre provides medical & cosmetic dermatology services in Toronto, Canada. Specializing in medical & cosmetic offerings like injectables, our dermatologists are dedicated to providing our clients with quality service.*

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