

NHL Philadelphia Flyer Chris Therien Assumes Role Of Chief Wellness Officer At Pennsylvania Mental Health And Rehab Centers

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Cherry Hill Township, New Jersey - August 16, 2023 -
Pennsylvania Recovery Center and Pennsylvania Behavioral Health Center have proudly announced that they have brought on former Philadelphia Flyers defenseman Chris Therien as Chief Wellness Officer to offer family addiction services.

Chris Therien?s journey to recovery began on February 7, 2011, a day when he first came to terms with his own behavior and had an awakening that would define the rest of his life. He shares details about the infamous ?shoe incident? in his book, Road To Redemption, which hit Amazon?s Best Sellers list in the Hockey Books and Biographies category in 2022.

He talks about the incident in an interview with Philly Hockey Now by saying, ?It took an act as simple as cleaning an upstairs closet for me to come to grips with a harsh reality. I was an alcoholic. While rummaging through clothes and the like, I came upon a shoe with a water bottle jammed inside it. Only the bottle wasn?t half-filled with water. It was vodka. I stared at the bottle for a moment, then gulped down its contents and threw the bottle in the trash.?

Soon after realizing just how far he had strayed from the person he wanted to be, Chris started his journey towards sobriety by putting himself in AA (Alcoholics Anonymous). With the support of his family and then general manager for the Philadelphia Flyers, he smashed his goals and has since been sober for over 11 years.

Now, with his involvement with Pennsylvania Recovery Center and Pennsylvania Behavioral Health Center, he is bringing his years of experience, compassion, and dedication to the treatment centers? family services. He is joined by crisis clinician Bill Broomall, offering to visit struggling addicts at home, and assisting them and their families along the path just as he did over a decade ago.

Families get access to a wealth of benefits including Chris?s firsthand experience with the challenges of professional sports and his deep understanding of the dynamics within families. He uses his years of experience to connect with individuals and families at a profound level, instilling a sense of trust and creating an environment of open communication and collaboration.

?Our outpatient substance abuse services are not just limited to the affluent families of the Main Line,? Chris says, ?Money doesn?t dictate the severity of one?s struggles. Recognizing that, along with the importance of giving back to the community, I and Bill offer pro bono work to families in need, ensuring that comprehensive care is accessible to all. Your family?s well-being and recovery remain our top priorities throughout the process.?

Chris and Bill offer in-home guidance as every family's situation is unique, and personalized care is crucial for effective support. They assess the situation, listen to all the concerns in an intimate setting and collaborate with the families to create a comprehensive plan of action. If needed, the duo also offers top-tier placement services, helping families find the most suitable treatment facilities for their loved ones? needs.

Both recovery centers also recognize the importance of case management and individualized treatment planning. This involves conducting thorough evaluations and designing a tailored treatment plan for long-term success and well-being. Chris and Bill also offer a variety of educational resources and support programs designed to equip families with the necessary tools to navigate challenges effectively.

?We provide prompt crisis intervention services,? says Chris, ?ensuring that you have the support, guidance, and strategies you need to manage and overcome challenging situations. By partnering with us, you are investing in a transformative journey of healing and growth that will have a positive impact on your loved ones? lives.?

Pennsylvania Recovery Center is on a mission to provide intensive outpatient rehab drug treatment and

outpatient services for individuals struggling with substance use disorder and alcohol use disorder. Pennsylvania Behavioral Health Center is focused on offering a mental health program with its staff of behavioral health technicians and licensed clinicians.

Readers can contact Pennsylvania Recovery Center at (610) 233-4342 or Pennsylvania Behavioral Health Center at (610) 563-2752 for immediate help.

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For more information about Cherry Hill Recovery Center, contact the company here:Cherry Hill Recovery CenterBrandt Norton856-200-3127info@cherryhillrecoverycenter.com1930 Marlton Pike E. Suite U100Cherry Hill, NJ 08003

Cherry Hill Recovery Center

Cherry Hill Recovery Center offers a beacon of hope and healing on the journey towards lasting recovery. We offer outpatient dual-diagnosis addiction treatment under the esteemed guidance of renowned Psychiatrist Dr. Jeffrey Simon.

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