

# Halvorson Plastic Surgery Offers Gender-Affirming Top Surgery in Asheville, NC

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ASHEVILLE, N.C. ? Halvorson Plastic Surgery offers gender-affirming top surgery for patients in Asheville, North Carolina and the surrounding area.

Gender-affirming top surgery includes a range of surgical procedures that create a more masculine, feminine, or androgynous appearance of the chest. Since 2019, double board-certified plastic surgeon Dr. Halvorson has performed a variety of top surgery procedures to help his patients' bodies match their gender or innate sense of self, including subtotal or total mastectomies, breast augmentations, breast reductions and nipple/areola removal.

With each patient, Dr. Halvorson spends time getting to know their goals and preferences to develop an individualized treatment plan based on their personal anatomy. Dr. Halvorson recognizes that every patient and their transition journey is unique, and he's honored to be a part of this process.

"When we first started offering top surgery, I was struck by how challenging the journey of self-discovery can be for our patients. Having a supportive family, safe educational environment, and welcoming workplace are things most of us take for granted. When our patients came back after surgery, I was amazed by the personal and psychological transformation I saw. A person who was withdrawn and depressed with their body became confident and happy. There is no other procedure I do that is as impactful," said Dr. Halvorson.

Halvorson Plastic Surgery is also among the very few practices in the region providing top surgery as a self-pay option and through insurance. Because navigating insurance for top surgery can be complex, on-site insurance coordinators help patients understand their coverage and meet any requirements, such as letters of support from primary care physicians and/or mental health providers.

"When insurance companies first started covering top surgery, I saw that a lot of plastic surgeons kept

offering it as a self-pay option only, because they could. There weren't many other options out there. People pay dearly for their health insurance in our country, and I felt that transgender patients were both underserved and over-charged for top surgery. I believe access to healthcare is a right, and at the very least, all patients deserve the care covered by their insurance company. So we decided to offer top surgery through insurance, and this part of my practice has grown tremendously. We are currently one of the highest volume top surgery practices in North Carolina, drawing patients from neighboring states and beyond. It is my hope that in the future, patients won't have to travel far to get top surgery through insurance," said Dr. Halvorson when asked about his reason for taking insurance.

A member of the World Professional Association of Transgender Health (WPATH), Dr. Halvorson is well-versed in upholding the highest standards of care for transgender and gender-diverse patients. Certified by both the American Board of Plastic Surgery and the American Society of Plastic Surgeons, he is nationally recognized as a trustworthy expert in complex reconstructive surgery, with over 15 years of surgical experience.

Top surgery with Halvorson Plastic Surgery is performed on an outpatient basis at the Asheville Surgery Center or the Outpatient Surgery Center of Asheville. For patients paying for surgery outside of insurance, top surgery is usually performed on-site at The Plastic Surgery Center, an AAAASF-accredited ambulatory surgery center.

Gender-affirming top surgery is available to patients 18 years or older. For more information, visit <https://www.halvorsonmd.com/>, book a consultation at 5 Livingston Street, Asheville, NC, 28801, or call 828-210-9347.

Located in Asheville, North Carolina, Halvorson Plastic Surgery provides cosmetic and reconstructive plastic surgery procedures to help patients feel more confident. Led by double board-certified plastic surgeon Dr. Halvorson, the Asheville clinic has extensive experience using evidence-based surgical care to create natural-looking, long-lasting results. Halvorson Plastic Surgery is one of three practices comprising the Plastic Surgery Center of Asheville, Western North Carolina's oldest and largest plastic surgery practice. Because of its attention to detail, patient-centered approach, and experienced staff, patients continuously seek the expertise and quality of care that Halvorson Plastic Surgery provides.

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For more information about Halvorson Plastic Surgery, contact the company here: Halvorson Plastic Surgery Dr. Eric Halvorson 828-210-9347 drhalvorson@thepsc.org 5 Livingston Street Asheville NC 28801

## Halvorson Plastic Surgery

*Halvorson Plastic Surgery is a leading plastic surgery clinic in Asheville, NC.*

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