

Safe Laser Therapy LLC Quit Smoking Program Can Help Chronic Smokers Kick The Habit in 3 Sessions on Less

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STAMFORD, CONNECTICUT ? Quitting smoking is an arduous challenge for most chronic smokers, but at Safe Laser Therapy LLC in Stamford, all it takes is a few 45 minute sessions to break the habit. Safe Laser Therapy LLC offers state of the art cold laser therapy which can help people break smoking addictions, relieve pain, lose weight, and more. Founded by licensed cold laser therapist Malti Gupta, Safe Laser Therapy LLC was born out of the mission to end chronic smoking for all.

?My brother was a chronic smoker, and I didn?t want him to suffer disease as he aged,? admitted Gupta when talking about how Safe Laser Therapy LLC began. ?When I learned the practice of cold therapy, my first mission was to help my brother kick the habit. He was stunned that within one session, his dependence on nicotine disappeared. When I saw what it did for my brother, I knew it was my mission to help people all over quit smoking for good.?

Cold laser therapy is a therapeutic treatment that employs a high powered, low-level laser that helps stimulate cellular detox throughout the body. For their Quitting Smoking Program, Safe Laser Therapy LLC starts with a consultation to talk about the patient?s smoking habits and history. Then cold laser treatment is administered to areas of the body that have the most nerve endings. Gupta will choose the right wavelength, power, and density of the laser for the treatment. The beam stays on these parts of the body for 30 seconds, to one to two minutes at a time. The cold laser targets the cells in the soft tissue, stimulating healthy growth and detoxification. Essentially, the cold laser detoxifies the nicotine and carbon monoxide from the body.

In addition to detoxification, when the nerve endings are stimulated, they send messages to the brain to release the ?happy hormones,? the same ones that a person releases when they smoke cigarettes. This helps mimic the act of smoking without the noxious effects. After treatment, the patient will feel no need to smoke. And within 3-5 days, their dependence on nicotine will subside to the point where it?s no longer needed.

Cold Laser Therapy helps smokers quit the habit without going through the withdrawal symptoms, like cold sweats, agitation, sickness and more. Within 3 sessions or less, a person can completely quit smoking. While quitting cold turkey can take months or even years, cold laser therapy can shorten that to a matter of days or weeks.

Each quit smoking cold laser package comes with 2, 45 minute sessions, with a follow up counseling meeting. A 3rd session can be scheduled for an additional cost. Two sessions cost $550, and any additional session costs $200. While some people might think that?s pricey, Gupta said that the cost of these treatments pale in comparison to the cost of a life-long habit of smoking.

?Pack a day smokers spend around $4000 or more on cigarettes yearly,? she maintained. ?Non-smokers save 40% on health insurance premiums, and if you?re not getting sick from smoking, you spend less at the doctor. So with this, it?s clear to see that paying less than $800 to quit smoking once, is way cheaper than smoking for the rest of your life.?

When preparing for a session with Safe Laser Therapy, Gupta recommends the following to ensure effectiveness of treatment: make the commitment to not smoking for good; remove all cigarettes from home, car, or anywhere else you store them; avoid smoking within 1 hour of treatment, and avoid alcohol use, as it lessens the effectiveness of treatment; drinks lots of water before and after treatment; and finally, be prepared to enjoy a life free from cigarette addiction.

Quit Smoking Stamford CT with Safe Laser Therapy LLC. They serve the following areas in Connecticut:

Stamford, Darien, New Canaan, Norwalk, Old Greenwich, Cos Cob, Riverside, Greenwich, Wilton, Westport, Weston. They also serve these areas in New York state: Pound Ridge, Bedford, Armonk, Port Chester, Rye, Bedford Hills. For more information, or for media inquiries, please contact Malti Gupta at (203) 601-7772 or contact@safelasertherapy.com. They are located at 1011 Hope St Suite N Stamford, CT 06907.

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For more information about Safe Laser Therapy LLC, contact the company here:Safe Laser Therapy LLCMalti Gupta(203) 601-7772contact@safelasertherapy.com1011 Hope St Suite N Stamford, CT 06907

Safe Laser Therapy LLC

Safe Laser Therapy LLC in Stamford, CT specializes in low-level laser therapy. Services include laser treatments to quit smoking, manage weight, pain relief, stress relief, detoxification, skin rejuvenation and hair restoration. Call (203) 601-7772 today.

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