


# Toronto Functional Medicine Centre Presents a Brief Guide to Amino Acid IV Therapy

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Toronto Functional Medicine Centre in Toronto, ON, Canada, has recently released a blog post that provides a brief guide to amino acid IV therapy. Amino acids are essential molecules with each one of them having a specific function for achieving optimal health. Some of the functions that these amino acids perform for the human body include: the promotion of healthy hair, skin, and nail growth; construction of muscles; strengthening of immune health; regulation of digestion; construction of neurotransmitters and hormones; encourages energy production; promotion of tissue repair; and provision of help for the conversion of food a person eats into energy.

At the IV Lounge of the Toronto Functional Medicine Centre, they can provide various kinds of amino acids through vitamin IV therapy. When this kind of IV therapy is combined with functional medicine therapies and a healthy lifestyle, it may contribute to optimal function. While oral supplementation is possible, the body may not be able to absorb the full doses of the nutrients because the capsules or tablets will need to go through the digestive system before reaching the bloodstream. Nutrients delivered through the IV drips go directly to the bloodstream and don't go through the digestive tract. Furthermore, patients suffering from malabsorption may not be able to take oral supplements.

Carnitine is an amino acid that is vital for cellular health as it takes part in converting energy into adenosine triphosphate (ATP) and it may help in reducing inflammation. Acetylcysteine is an antioxidant and is typically used for helping detoxify from acetaminophen overdoses and it may also help with respiratory issues. Lysine promotes the formation of new cells to gather around a wound and encourage healing. Ornithine stimulates the pituitary gland to release growth hormones. Arginine helps in the production of nitric oxide, which may help in regulating blood flow and cellular functioning. Glutamine serves as a source of energy for immune cells and may promote the production of white blood cells.

Each vitamin IV drip therapy provided by the Toronto Functional Medicine Centre will be personalized based on the biology and needs of the patient. Their private downtown clinic is currently accepting new patients. Those interested may ask about their IV drips, which can be modified with intravenous vitamin C (ascorbic acid), folic acid, magnesium, vitamin E, glutathione, Myer?s Cocktail, and/or other key nutrients.

They want to point out that intravenous infusion drips, when combined with a healthy diet, exercise, and other treatment modalities, may contribute to improving a patient?s wellness. Intravenous drip treatments may encourage cellular function and red blood production. Toronto Functional Medicine Centre will adjust these treatments to fit each patient?s concerns by applying the integrative functional medicine model. Their individualized service for vitamin drip treatments and other modalities will take into account the patient?s specific health objectives, including diet, lifestyle factors, toxin exposures, and medical history. Their IV drip treatment service can be customized for a broad range of health conditions, such as: nutritional deficiency, cellular damage, chronic fatigue syndrome, liver disease, autoimmune conditions, nail and hair health issues, megaloblastic anemia, menopausal symptoms, and more.

Those who are interested in IV therapy, such as understanding the reason as to why to get an IV therapy, can visit the Toronto Functional Medicine Centre website or contact them on the telephone at (416) 968-6961 or through email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays and Wednesdays; from 10:00 am to 5:00 pm on Tuesday and Thursdays; from 9:00 am to 5:00 pm on Fridays; and from 9:00 am to 4:00 pm on alternating Saturdays.

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For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreHeather Claus(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

# Toronto Functional Medicine Centre

*Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.*

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