



## **Man Praises Muse Treatment for Addressing Trauma and Individual Needs**

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Culver City, California?A former client is sharing gratitude for the care he received at Muse Treatment, posting a lavish 5-star review of the Muse facility in Culver City, California.

?This is the best rehab in all of California!? wrote Angel, the former client. ?The whole team is dedicated to addressing your trauma and individual needs and I?m just so grateful. Thank you, Muse Treatment.?

For clients like Angel, trauma care is a crucial part of therapy at Muse, which uses the latest research on mental illness and substance abuse to treat substance abuse at its root. Current research identifies a strong connection between the two; individuals suffering from mental health disorders due to trauma often ?self-medicate? with alcohol or drugs, and the two conditions must e treated together in order to resolve them.

For instance, the Substance Abuse and Mental Health Services Administration (SAMHSA) finds a strong

correlation between trauma and substance abuse. Survivors of traumatic events such as sexual or physical abuse, accidents, illness, and disaster are more likely than others to seek healing by using alcohol, marijuana, and other drugs. One-quarter to three-quarters of people who have survived abusive or violent traumatic experiences report problematic alcohol use.

“Mental health and wellness are critically important components to any addiction recovery process,” concludes SAMHSA, which recommends designing a “carefully coordinated and integrated” treatment plan that addresses both conditions as interrelated disorders.

That’s exactly what happens at Muse, where substance use disorders are treated in conjunction with mental health issues – a process known as dual diagnosis. Mental health conditions treated at Muse include bipolar disorder, borderline personality disorder, schizoaffective disorder, anxiety, depression, trauma, post-traumatic stress disorder, and sleep disorders.

Not surprisingly, the link between mental illness and substance use disorders often becomes sharply evident during the recovery process, especially during detox and the post-acute withdrawal phase. Once the substances that have been suppressing the mental health disorder are removed, the underlying condition may return with greater force than ever. This is one of many reasons Muse always conducts detox under careful clinical supervision. Its clinicians are trained to recognize the difference between mental illnesses and trauma symptom responses and treat each individual client based on his or her specific needs.

In his review, Angel praised the entire program at Culver City and the staff who deliver its services. The Culver City program combines comfortable accommodations with comprehensive, individualized plans for each client. Treatment is provided by compassionate, highly trained, expert clinicians and medical professionals. The residential program provides total immersion in the recovery process, which has been found to show significantly higher rates of success over time.

Clients who enter residential rehab undergo treatment in a secure, focused environment. Rather than getting treatment on an outpatient basis and then returning home, they live at the center, which provides a drug- and alcohol-free environment where they can begin adjusting to a clean, sober life.

Inpatient rehab provides a caring and professional staff to guide you through each step of the process in an ideal and comforting setting. Clients will find it has many benefits over outpatient care.

Inpatient rehab removes recovering addicts from the places where they were using their addictive substances and allows them to focus on the traumatic events and other factors contributing to their addiction. They can focus on themselves without those old associations. When they emerge and return to their daily lives, they have the tools to deal with their aftermath without returning to their addiction.

Muse Treatment offers a comprehensive treatment of alcohol dependence or other substance use disorders. For help or more information, call 866-634-6111.

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For more information about Muse Treatment Culver City, contact the company here: Muse Treatment Culver City (866) 733-8915 111 Milton Ave, Culver City, CA 90232

### **Muse Treatment Culver City**

*Alcohol & Drug Rehab in Culver City. Detox, Residential, a full continuum of care across our network of treatment centers in California.*

Website: <https://musetreatment.com/>

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