

Woman Praises Alter Behavioral Health for Giving Her Granddaughter "The Peace She Much Needed"

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Mission Viejo, California - August 21, 2023 -
Mission Viejo, California ? A grandmother recently praised the treatment, support, and expert care that her granddaughter received at Alter Behavioral Health?s mental health treatment facility in Mission Viejo.

In her five-star Google review, Tonya praised the treatment center and staff ?for their amazing support, guidance, direction, and professionalism,? adding that the Alter team ?made her feel comfortable and safe.? She also especially thanked one Alter team member for his attention to detail and ?caring spirit? in the review.

?Thank you Alter Group for giving my granddaughter the peace she much needed,? Tonya wrote.

Alter Behavioral Health?s two mental health treatment facilities, located in Irvine and Mission Viejo, are well-known throughout California and beyond for providing the mental and behavioral health treatment that people of all ages and all walks of life need to have a better, happier, healthier future. The expert staff at

these treatment centers are well-versed in the latest evidence-based interventions and also apply a modern understanding of the mental health conditions they treat ? putting the focus on the person, not just the condition.

The Mission Viejo facility is a top option for those who are seeking treatment or a diagnosis of a wide range of mental health conditions, including depression, anxiety, autism co-occurring disorders, bipolar disorder, trauma and post-traumatic stress disorder, attention-deficit/hyperactivity disorder, schizophrenia, borderline personality disorder, and dissociative identity disorder.

It?s also unique in the mental health treatment realm for its novel approach to mental health and autism support that prioritizes treating the whole person as a way of helping manage the co-occurring disorders that can often go hand in hand with autism.

Alter Behavioral Health is operated by Alter Health Group, which also is behind a network of other facilities across California all designed to provide the best and most supportive treatment to the people who turn to the company for help. Alter Mental Health is a short-term mental health crisis stabilization unit in San Diego that helps stabilize patients and get them ready for more long-term treatment, while Alter Wellness Care in Laguna Beach offers expert outpatient help for people living with mental health disorders. Alter Health Group also operates California Rehab Campus, a top addiction treatment facility in California, in Dana Point.

In addition, Alter Health Group is known for its virtual efforts for California residents through Mindfuli, a virtual mental health platform that helps patients with long-term recovery and personal well-being, as well as BeWellLine, a free emotional support chat and phone helpline for people in California.

Whichever treatment facility or location a person chooses, the Alter team works to provide excellent assistance, cutting-edge treatment approaches, and amenities to make patients feel comfortable, safe, and at home in California. The Mission Viejo location of Alter Behavioral Health, for example, includes well-appointed bedrooms and bathrooms, retreat-like outdoor spaces for relaxation, and nutritious meals. Rather than extras, these features help the people that turn to Alter for help get the best treatment in the right environment for their needs.

Another Alter Health Group focus is making mental healthcare more accessible to the individuals who need it, which is why the network of treatment facilities works with insurance companies to help as many people as possible get the right treatment for a better future. To learn more about the Mission Viejo location, visit Alter Behavioral Health or call 866-929-3026.

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For more information about Alter Mental Health Mission Viejo, contact the company here:Alter Mental Health Mission Viejo(866) 994-311826100 Malaga Ln, Mission Viejo, CA 92692

Alter Mental Health Mission Viejo

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