



## Treatment Programs We Offer:

- 30-60 Day Detox/Res/Day-Night/IOP/Aftercare
- 21-Day Detox/Res
- 5-10 Day Detox Only
- Outpatient Only With or Without Residence
- MAT (Suboxone Maintenance Program)
- Length of Stay can be Flexible

We have 3 inpatient and 17 outpatient locations throughout Florida

[SEE THE WEBSITE FOR DETAILS](#)

# Patient Recommends WhiteSands Treatment Ocala for Giving ?Great Lessons on How to Cope with Addiction?

*August 22, 2023*

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Ocala, Florida ? A woman is highly recommending WhiteSands Treatment?s outpatient drug and alcohol addiction treatment center in Ocala, saying her experience at the facility ?has been inspiring.?

In her recent five-star Google review, Catherine wrote that the WhiteSands staff is ?friendly and knowledgeable? in Ocala.

?They make you feel welcome!? she wrote.

WhiteSands Treatment is no stranger to earning rave reviews from patients and their loved ones who have sought help with overcoming addiction to drugs or alcohol all across Florida. In addition to its Ocala facility where Catherine found the help she needed, WhiteSands operates top outpatient addiction treatment centers in Orlando, Clearwater, Naples, Palm Harbor, Tampa, Lakeland, Brandon, Deland, Gainesville, Sarasota, St. Petersburg, Longwood, and Kissimmee. WhiteSands Treatment also has inpatient residential drug and

alcohol addiction treatment centers in Tampa, Fort Myers, and Hyde Park.

For three consecutive years, WhiteSands Treatment has been recognized by Newsweek as one of America's best addiction treatment centers and the best option for addiction treatment in Florida.

The many people who have turned to WhiteSands for help with overcoming addiction and getting back on track toward a healthier, happier, better future have taken note of what this treatment center network offers in addition to the norm at drug and alcohol rehabs – top amenities like private rooms, cell phones being allowed, a brand-new recreation center, fitness programs, personal training, and even a specialized boxing program that incorporates fitness and structure into the addiction treatment plan.

After completing treatment, whether it's inpatient and living at a facility or outpatient and continuing to go about day-to-day life, patients will remain a part of the WhiteSands family through its life skills program, relapse prevention efforts, and aftercare offerings.

Because WhiteSands works with most top insurance providers, getting treatment for addiction is even more accessible for more people. The work of this treatment center will continue as the experts and staff members who make up the WhiteSands team remain at the forefront of the latest treatment methodologies.

In her Google review, Catherine wrote that she would highly recommend the addiction treatment center and the experts who work there, saying the staff members "give great lessons on how to cope with addiction as well as different resources available in the area."

WhiteSands is a part of the community in all the cities it operates in, and its strong ties to Florida's cities and people mean it's well-versed in the unique needs, challenges, and opportunities that patients face here.

WhiteSands begins to help patients address the underlying issues from the very first day a patient starts their journey with them. Within the first week of treatment, each patient meets with the medical director, clinical director, psychiatrist, and individual therapist multiple times. As a team, each patient's needs are carefully reviewed to determine what the best course of treatment will be. This includes working with each patient to help them establish goals for individual therapy, selecting therapy group options, and their individualized need for medical treatment. Each patient will have 4-5 individual and/or family therapy sessions per week. This requires WhiteSands to have a larger number of qualified clinical staff as part of its treatment team.

At WhiteSands, they believe in true individualized treatment and implement this in a variety of areas. They do not believe in moving patients like cattle from one group to another where everyone is following the same treatment program regardless of background or circumstances. From the conception of WhiteSands to the present, they have been on a mission to develop the most comprehensive and individualized treatment

program.

For more information about the work done at WhiteSands Treatment?s outpatient addiction treatment facility in Ocala, visit the rehab?s website or call 352-414-4030.

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For more information about WhiteSands Alcohol & Drug Rehab Ocala, contact the company here: WhiteSands Alcohol & Drug Rehab Ocala Ryan Monesson (352) 414-4030 rmonesson@wstreatment.com 1515 E Silver Springs Blvd Unit 216, Ocala, FL 34470

### **WhiteSands Alcohol & Drug Rehab Ocala**

*Alcohol & Drug Rehab program in Ocala, Florida. WhiteSands has a unique philosophy whereby we believe a comfortable guest makes for a successful patient. Offering a full continuum of care across multiple locations.*

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