



NBA Veteran Keyon L. Dooling Shares Story of Trauma and Triumph at Reflections Treatment Center

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MARGATE, Fla. ? Margate-Based Drug and Alcohol Treatment Facility Provides Compelling Programming to Encourage and Motivate Clients on the Road to Recovery

On December 4, Reflections Treatment Center hosted NBA veteran Keyon L. Dooling for a book signing and meet and greet with the facility?s clients. Dooling shared the deeply personal story of childhood sexual abuse survival detailed in his book ?What?s Driving You??? How I Overcame Abuse and Learned to Lead in the NBA.? He also expounded on how the childhood trauma led to a widely-publicized breakdown that would lead to his early retirement, but also his understanding of how PTSD and the symptoms of his abuse had affected his career and all aspects of his life.

?We applaud Keyon for his courage in sharing his story in order to help others who have experienced similar traumas,? said Dr. Barry M. Gregory Ed.D., M.Ed., LMHC, the facility?s clinical director and a bestselling author. ?It?s important for our clients to have these experiences, hear first hand stories of triumph and see what victory looks like. It encourages them to continue to stay the course of their own recovery one day at a time.? Drug and alcohol treatment has the potential to create lasting change.

Dooling was a first round NBA pick in 2000 and played for 13 years in the league with seven teams before retiring. Following his retirement, Dooling published his memoir and launched The Respect Foundation, a charitable organization that provides support, resources and information to help ensure the safety of all children regardless of age, race or sex. The foundation promotes the message that not only can sexual abuse be prevented, but also if a child is victimized, they can recover. A portion of the proceeds from each copy of "What's Driving You" benefit the foundation.

Dooling's book signing and meet and greet was facilitated by Kenneth Chatman, the founder of Reflection Treatment Center and included an interactive question and answer session. All in attendance received personally autographed copies of Dooling's book and a custom commemorative bookmark as a gift.

Reflections Treatment Center is a leading provider of evidence-based treatment strategies to treat the chronic brain disease of addiction. The facility works with both individuals and families to teach coping skills, enhance motivation, reward healthy behaviors, facilitate 12-step participation, help develop balanced lifestyles in recovery, teach positive parenting practices and more.

"Our goal is to not only help our clients deal with their past, but to assist them in finding practical, principled solutions to their everyday problems," said Dr. Gregory. "Programming and events such as our book signing with Keyon are especially effective in reinforcing the strategies that we share with our clients and illustrating that you can successfully recover from a trauma to have a happier, more productive and sober life."

Reflections Treatment Center is located at 1145-1147 Banks Road in Margate Florida. For more information about the drug and alcohol treatment facility, visit www.reflectionstreatmentcenter.net or call (844) 444-9605. Visit www.whatsdrivingyou.net for more information about Keyon L. Dooling and his foundation and to order a copy of his book.

About Reflections Treatment Center

Based in Margate, Florida, Reflections Treatment Center was founded by Kenneth Chatman and is an outpatient facility dedicated to the physical, mental and spiritual recovery of those suffering from substance abuse and the diseases of alcoholism and addiction. Clients learn the real -life skills that address co-occurring disorders and support recovery as a way of life. The facility's staff believes in permanent recovery - one day at a time - and fosters a compassionate and disciplined environment that combines known medical models with innovative, dignified teaching methods leading to self-fulfillment, gainful employment and social participation. For more information, visit www.reflectionstreatmentcenter.net.

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For more information about Reflections Treatment Center, contact the company here:[Reflections Treatment](#)

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Reflections Treatment Center

Reflections Treatment Center is recognized for implementing evidence-based addiction treatment strategies to treat the chronic brain disease of addiction. Reflections promotes sobriety and wellness through a combination of spiritual, physical counseling.

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