

Dr. Vinay Rawlani From Chicago's Northwestern Weight Loss Clinic Is Helping Patients Lose Weight And Keep It Off

September 22, 2023

September 22, 2023 -
Medical weight loss clinic based in Chicago, Northwestern Weight Loss is helping clients lose weight and keep it off with a personalized, physician-monitored treatment plan.

Spearheaded by Dr. Vinay Rawlani, Northwestern Weight Loss helps patients lose weight through its Semaglutide and Trizepatide programs. Dr. Rawlani started offering the programs after his own struggles with weight loss and realizing the pitfalls that come with the process. After partnering with other physicians, Dr. Vinay used his experience and expertise with the medications to craft a personalized program that helps patients lose weight and keep it off.

Dr. Rawlani says, ?Whatever reason you?re trying to lose weight for, you?ll likely get there. This medication does a great job. The clinic will help you reach that point and at the very least you?re going to get there by a year or two and you?re going to be pretty happy about it.?

The program at Northwestern Weight Loss is meant for healthy people who are looking to lose around 10 to 20 pounds. The medications used are normal hormones that the gut produces upon eating. They directly have an impact on the part of the brain that makes a person hungry and want to eat, decreasing food intake and leading to weight loss. The medications also have a secondary effect on the gut as they cause the stomach to feel fuller by causing it to contract. Patients, therefore, can?t fit their usual food intake in their stomachs causing them to eat less and eventually lose weight.

?The way I got into weight loss management is actually being a patient myself,? says Dr. Rawlani. ?It was great for about a month. I dropped the initial 10 to 15 pounds that I wanted to. However, the second month when I increased my dosage, I got so ill that I ended up in the emergency room. I came off the medication and gained the weight back. When I got back on the medications a second time, I visited a different physician, and we did it the right way. I lost the 15 pounds again, came off the medication, and kept those pounds off.?

Northwestern Weight Loss offers patients a three-step process that begins with a consultation where they directly get to talk about their concerns with Dr. Rawlani. Next, a plan is formulated based on the patient?s medical history and weight loss goals. The treatment can be administered at home with regular check-ins with Dr. Rawlani once at least every two weeks. Finally, the patient can choose to wean off the medication or double the weight loss with 6 more months of treatment.

Dr. Rawlani?s services have resonated with his clients in Chicago who attribute their weight loss transformation and lifestyle change to the doctor?s advice. Several clients profusely thank Dr. Rawlani in their testimonials for the impact that his treatment had on them.

Paris G. says, ?This program gave me the boost I needed to start a new lifestyle. The treatment helped me control my diet and Dr. Vinay?s practical tips helped me introduce healthier habits into my life as I became more confident in my ability to lose weight. If you?re feeling like you cannot do it, you?re wrong. You just need Dr. Vinay and his team beside you.?

Kendall G. says, ?I think the portion control component for me is going to be a lifelong tool. Where I?d eat a whole sandwich before, now I eat a quarter of it and am fine. Or when I?m having a snack, I?m able to just eat a couple of bites and then put it away and then kind of come back and graze with it later. Whereas before it was just I felt like I needed so much food to be full and satisfied. And that?s just completely changed since starting with Northwestern Weight Loss.?

Readers in Chicago can contact Dr. Vinay Rawlani?s office at (312) 827-2728 or info@chicagonwmedicalweightloss.com all days of the week from 9 AM to 5 PM to schedule a consultation.

###

For more information about std-symptoms.org, contact the company here:std-symptoms.orgJim Parker888-827-2728info@std-symptoms.org

std-symptoms.org

STD-Symptoms.org is an educational website that provides clear, easy-to-understand information about sexually transmitted disease symptoms, causes, testing, and when to seek medical care.

Website: https://std-symptoms.org/

Email: info@std-symptoms.org

Phone: 888-827-2728