



Local Rehab Warns of Drug-Induced Hallucinations

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Scottsdale, AZ ? Pinnacle Peak Recovery of Scottsdale, Arizona recently posted a blog discussing hallucinations that are caused by substance use. They believe in offering educational and easy-to-access information regarding substance use and its side effects. Being aware of what the side effects look like and how to manage them can help people make informed decisions about their health.

Many people associate specific substances with hallucinations, but there are more than some people may realize. Some of those substances include cocaine, heroin, ketamine, LSD, amphetamines, and PCP. ?When you partake in certain drugs, they can impact your brain in different ways. Not all substances can lead to hallucinations, but many can in the right circumstances,? the blog explains. ?For example, hallucinations are not a common side effect of being drunk, but they can happen when experiencing alcohol withdrawal.?

Hallucinating without knowing the source can make the experience more terrifying. This is why Pinnacle Peak explains what causes hallucinations and how to spot them. ?Substances cause hallucinations primarily because of sudden, temporary changes in the brain?s ability to function normally. Because most substances will alter different parts of the brain and its normal processes, hallucinations aren?t an uncommon side effect.?

One thing the article finds important to note is that hallucinations aren't exclusive to substance use. Some people experience hallucinations even without substances. ?Hallucinations can occur anytime there is a change in your brain's activity. Things like depression, anxiety, migraines, high stress, lack of sleep or sleep disorders, dementia, and even seizures can trigger hallucinations.? They also mention the importance of knowing what to do if people are susceptible to hallucinations. ?If you are susceptible to any of these and you're taking illicit substances or alcohol, it might increase your chances of experiencing hallucinations.?

Pinnacle Peak uses their knowledge of substance use and its side effects to go further into detail about the specifics of hallucinations. This includes discussing how long they last, how they might present themselves, and whether hallucinations should be considered a side effect of drug use. They make sure to note some of the dangers that can arise from hallucinations, as well. ?Hallucinations in and of themselves aren't inherently dangerous because they're not real. However, the mental impact of experiencing hallucinations, as well as the other side effects that can come from the substances being taken are very real? In some cases, people who are experiencing hallucinations might become paranoid or aggressive. This can be especially true if their hallucinations are threatening in nature, so instead of experiencing a fear reaction, they decide to try and fight. This can result in them hurting themselves or hurting those around them.?

Finally, the blog details how a person should react if they or someone they know is hallucinating. This knowledge can help de-escalate a situation and prevent injury, too. ?If you think you are hallucinating, try to focus on things you know are unchanging in your environment around you. This can mean focusing on the floor or ceiling for a bit, touching the floor with your hands, or even gently patting yourself to get an idea of what is genuine at the moment.?

The blog then explains how to help someone else who is experiencing a hallucination. ?If your loved one is experiencing hallucinations, there are a few things to keep in mind. The most important one is not to discredit what their current reality is, especially if it's frightening. Ask them what they're experiencing and calmly inform them of what you're experiencing. Reassure them that you're there to help, and ask if it's okay to take them somewhere else. Sometimes leaving the environment the hallucinations started in can be beneficial.? For those who may have experienced hallucinations before, or are managing a substance use disorder, Pinnacle Peak finishes up the blog by offering advice on the ways to seek help.

Recovery is possible for all who are currently managing an alcohol use disorder. Pinnacle Peak Recovery can help people beat their alcohol use and regain control of their lives. To learn more about Arizona alcohol problems and statistics, or to get information on their rehabilitation center, please contact them at (866) 954-0524 or info@pinnaclepeakrecovery.com. They are located at 8070 E Morgan Trail Unit 200, Scottsdale, AZ 85258.

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For more information about Pinnacle Peak Recovery, contact the company here: Pinnacle Peak Recovery Tyler Tisdale 480-750-1200 info@pinnaclepeakrecovery.com 8070 E Morgan Trail Unit 200 Scottsdale, AZ 85258

Pinnacle Peak Recovery

Pinnacle Peak Recovery is a residential and intensive outpatient addiction treatment facility located in Scottsdale, Arizona. We offer nationally recognized, evidence-based treatment options for those needing drug rehab services.

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