



Pacific Sands Investigates Heroin Overdoses

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Santa Ana, CA ? A local rehab center called Pacific Sands has released a new blog investigating the causes and dangers of a heroin overdose. They have been a leading provider of addiction treatment in Orange County for years, and their blog serves as a tool for the community to educate themselves on substance use disorder. The blog discusses what to do if a heroin overdose is suspected and the signs to watch for.

?A heroin overdose at any point is a medical emergency as it is life-threatening. Experiencing any symptoms signals that 911 needs to be called immediately. Some signs to look out for if someone you love might be experiencing a heroin overdose include fingernails or lips that have turned purple or blue, heartbeat and breathing slowing down, the face will go pale, the skin will feel clammy, vomiting, gurgling noises, and difficulty walking or talking,? the article reads.

If a heroin overdose goes untreated, serious complications can occur. The person could stop breathing completely, leading to coma or even death. Organs can become damaged and it can be permanent. California has the Good Samaritan Law in place, which grants immunity from arrest for those seeking help for an overdose, meaning anyone who is experiencing one should get help.

When a heroin overdose is seen, calling for help is always step one. Stay with the person until help arrives,

and try to keep them awake. If they stop breathing, administer CPR until first responders get there. Ask if anyone has any naloxone, as it can help reverse the effects of an opioid overdose such as heroin. California has naloxone available over the counter at some pharmacies and needle exchange programs.

?Anyone is at risk of a heroin overdose because all it takes is one dose. However, there are circumstances where the risk is higher. One of those ways is those who regularly use heroin?people who use heroin alongside another illicit substance or alcohol. A heroin overdose can also come from heroin laced with another substance, such as fentanyl. This occurs because heroin mixed with fentanyl is often stronger due to fentanyl being 50-100 times stronger than heroin. It also increases the supply of heroin and decreases the cost of it. Because it is stronger, and people aren?t always aware that they are taking heroin mixed with fentanyl, it leads to an overdose,? the article continues.

The only way to prevent a heroin overdose is to not use the substance. For those who need help stopping their heroin use, seeking treatment can be beneficial. The body has become dependent on heroin, and stopping use right away can cause symptoms of withdrawal. Withdrawal is uncomfortable and can be stressful, but seeking detox treatment surrounded by professionals can ease the discomfort and keep the person safe.

Pacific Sands in Santa Ana is a top-tier substance use disorder treatment center. They offer many services such as medication-assisted treatment, dual diagnosis, detox, and residential services. Their facility is made to feel like home, with comfortable housing and a family-like environment. The team at Pacific Sands takes pride in ensuring client safety and well-being while they work on themselves and focus on recovery. Using therapy and skill-building, they work with each individual to find what works for them and what will best prevent a return to use.

For those wanting to learn more about Pacific Sands, call 949-426-7962 or visit their website.

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For more information about Pacific Sands Recovery Center, contact the company here: Pacific Sands Recovery Center Chase Brantley 949-426-7962 info@pacificsandsrecovery.com 1909 W Carlton Pl Santa Ana, CA 92704

Pacific Sands Recovery Center

At Pacific Sands, in Orange County, California, we understand that clients are in addiction treatment to learn how to live their lives differently and we don?t expect them to have all the answers.

Website: <https://pacificsandsrecovery.com/>

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