

Toronto Functional Medicine Centre Explains the Use of IV Therapy and Functional Medicine for Crohn?s Disease

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Toronto Functional Medicine Centre in Toronto, ON, Canada, has recently released an article that describes the use of IV therapy and functional medicine for Crohn's disease. This is a kind of inflammatory bowel disease (IBD) and is a chronic disease that results in the inflammation of the gastrointestinal (GI) tract. Functional medicine examines the major components of individuality, and how the symptoms of Crohn?s disease may be caused by poor dietary intake of essential nutrients, genetics, lifestyle and environmental factors. Through the use of enhanced sleep conditions, stress management advice, microbiome and nutritional modifications, positive changes in IBD symptoms have been noted.

Those who have Crohn?s disease suffer from chronic inflammation in the GI tract, which negatively affects their ability to digest food and get the necessary nutrients. This often results in nutritional deficiencies due to poor absorption of nutrients. Symptoms of Crohn?s disease may vary and may include: low energy levels, bloody stool, diarrhea, low appetite, pain/cramping in the abdomen, excessive weight loss, and fever. Severe cases of the condition can result in inflammation related to the eyes, the health of the skin, bones, and liver, including the formation of kidney stones. It may also result in anemia.

The Toronto Functional Medicine Centre may recommend some laboratory tests, oral supplementation, IV therapy, and dietary changes for patients suffering from Crohn?s disease. Some of the lab test options they offer may not be available through traditional medicine. One such lab test that may be recommended is the small intestinal bacterial overgrowth (SIBO) test, which allows them to evaluate gut microflora. They may also suggest a food sensitivity test, which may help in developing a custom-fitted treatment plan for the patient.

They may also recommend IV therapy to address nutritional deficiencies resulting from the malabsorption caused by Crohn?s disease. By alleviating those deficiencies, they may be able to help strengthen various aspects of the patient?s health, such as cognitive function, immune function, and energy production. IV therapy is suggested for Crohn?s patients because of their inability to absorb nutrients properly through the GI tract. IV therapy bypasses the GI tract and the nutrients get to the bloodstream directly. This avoids the usual side effects of oral supplementation for Crohn?s patients, such as an upset stomach. IV vitamin therapy may also be recommended as a complementary therapy to optimize function when combined with improvements in lifestyle and diet and other therapeutic modalities.

Toronto Functional Medicine Centre may also suggest shifting from the regular Western diet because some of the foods can worsen IBD symptoms and result in whole-body inflammation. An anti-inflammatory diet plan, such as the Mediterranean diet, Paleo diet, or low-FODMAP diet may be recommended, including fresh and colourful fruits and vegetables with high concentrations of nutrients.

In their private downtown clinic, patients can expect modern health education, compassionate treatment, and personalized services from their integrative functional medicine practitioners. The combination of integrative functional medicine strategies with a healthy lifestyle is recommended to achieve optimal health for the patient.

The Toronto Functional Medicine Centre in Toronto, Ontario, Canada focuses on the use of an integrative functional medicine strategy that combines allopathic medicine, naturopathic medicine, acupuncture, bio-identical hormone replacement, IV therapy, detoxification, and more. This concept may be used for a range of health issues, including: neuropathic pain, postmenopausal health issues, acute health issues, tissue repair, athletic recovery, hormone imbalances, DNA repair, fertility issues, cellular damage, chronic fatigue, mineral deficiencies, thyroid issues, adrenal function, skin rejuvenation, immune function, and more.

Those who would like to learn more about the integrative functional medicine approach, including the use of

functional medicine for insomnia, can check out the Toronto Functional Medicine Centre website or contact them on the phone at (416) 968-6961 or via email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays and Wednesdays; from 10:00 am to 5:00 pm on Tuesday and Thursdays; from 9:00 am to -5:00 pm on Fridays; and from 9:00 am to 4:00 pm on alternating Saturdays.

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For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreHeather Claus(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

Toronto Functional Medicine Centre

Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.

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