

# Arrowhead Clinic Is Helping Patients In Georgia With Relieving Pain After A Car Accident

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Arrowhead Clinic, a chiropractic clinic in Atlanta, is sharing information on how chiropractic care can be a solution to getting pain relief after a car accident.

In 2020, over a million and a half car accidents resulted in injuries for everyday Americans. While major accidents can lead to several grave bodily injuries, minor accidents can also lead to conditions that are not readily apparent and instead cause long-term pain and complications. Chiropractic care, then, offers a targeted approach to treating auto accident injuries ensuring a comprehensive recovery process.

“It is natural to feel shaken up and disoriented after an accident,” says Dr. Summer Turner from Arrowhead Clinic. “Some of the most common injuries that follow a car crash include whiplash, spinal cord injuries, traumatic brain injury, soft tissue injuries, disc injuries, neck injuries, back injuries, and joint injuries. So, addressing pain immediately after an auto accident is critical. Ice packs and hot water bottles can soothe tense muscles, but you need a focused and structured approach to pain management that addresses the root causes of the issues.”

Chiropractic offers car accident victims a chance to recover using a holistic approach to pain management through several different modalities. Spinal manipulation helps realign the vertebrae, alleviating pain and restoring function. It can be particularly beneficial for those suffering from spinal injuries or herniated discs. Deep tissue massages target the inner layers of the muscles to relieve muscle tension. Range of Motion exercises can help patients regain flexibility and strength.

The clinic recommends getting timely medical care for car accident pain relief. It is essential to approach a specialized accident doctor who understands the kinds of injuries that follow a car accident and can even diagnose the issues that are not visible right away but are likely to cause discomfort and pain in the future. It is also recommended to keep detailed records of all treatments as it helps validate claims when securing

compensation.

"In the aftermath of an accident, it is essential to consider all treatment options," Dr. Turner says. "Your injuries can affect your physical well-being and diminish your quality of life. With chiropractic care's natural healing methods, you get the comprehensive approach that addresses symptoms as well as the root causes of pain."

Dr. Turner has years of experience helping people who have been injured in accidents and suffer from chronic pain. She is well-versed in chiropractic care with an emphasis on sports-related therapies as she trained under the chiropractor for the Carolina Panthers to complete her Master's in Sports Rehabilitation. Dr. Turner is certified in several soft tissue techniques, including Active Release Technique (ART) and Fascial Distortion Model (FDM), as well as a movement diagnosis technique called Selective Functional Movement Assessment (SFMA).

Arrowhead Clinic has been helping auto accident victims for over 45 years. The clinic's team of professionals uses their decades-long experience to help victims recover both physically and financially following a once-in-a-lifetime accident that has the potential to change their life's trajectory. Apart from car accident injuries, the clinic can also help patients recover from a range of conditions including back pain, neck pain, slip and fall, sports injuries, and work injuries at its 17 clinics throughout Georgia, Florida, and South Carolina.

A testimonial highlighted on its website says, "Arrowhead Clinic has taken care of me since my car accident in December. Their commitment to getting me well after my accident has been amazing. The front staff and Dr have awesome personalities and I look forward to seeing them on my many visits. If you're hurt in an accident or need any type of chiropractic care, don't hesitate to call them."

Another patient writes, "As a patient of Arrowhead Clinic in the past, I knew I was going to get excellent treatment. I looked up a local accident doctor near me and got to their Riverdale location. Dr. Walton was very thorough with my exam and got me treated the same day."

Readers are urged to find out more about Arrowhead Clinic by visiting <https://mgyb.co/s/cCjIF>.

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## **Arrowhead Clinic Chiropractor Atlanta**

*At Arrowhead Clinic in Atlanta, our Cascade Rd location specializes in treating personal injuries for 48 years and is a leader in the field. By utilizing chiropractic and Medical Doctors, we are able to treat your injuries with care and precision.*

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