



Illinois Clinic Introduces New Medical Weight Loss Program

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Diabetes, Osteoporosis, Obesity, Inc., an Elmhurst, Illinois based clinic that specializes in endocrinology, has recently created and opened a medical weight loss program. The clinic has two locations and they are in Elmhurst and Oak Lawn, Illinois. Their new Weigh Less for Way Less program is customized for each patient to achieve a higher rate of success.

Dr. Maha Abboud, an endocrinologist and founder of the clinic, explains, "Our medical weight loss program treats each patient individually, so the specifics of the program will entirely depend on that person's individual weight loss goals and needs."

Dr. Abboud explains that the program has several professionals, including a doctor, fitness trainer, and dietitian, who will be working together. They will discuss with the patients their unique lifestyle, body, weight, eating and exercising habits, and overall goals to create a customized plan that will enable them to succeed at losing weight.

"This allows us to pinpoint what may work and eliminate what may not. Some people, for instance, may have

difficulty exercising while others have the tendency to overeat. The key to successful weight loss is a program that is completely tailored to each individual person," states Dr. Abboud. An overall explanation of the program can be seen at <http://weighlessforwayless.com/>.

The Weigh Less for Way Less program was created by Dr. Abboud and her associate, Dr. Terry Washington. The clinic has been using the program to successfully treat many of their diabetic and hormonal imbalance patients before deciding to open the program to the public. With almost twenty years of combined experience, Dr. Abboud and Dr. Washington designed the program to provide long term success by changing the patient's body both inside and out. Doctors check for things like hormonal imbalance and other issues that could be affecting a person's ability to effectively lose weight. The clinic states that by customizing each program for individuals, those looking to lose weight have a much higher chance at overall success because various issues, such as hormonal imbalances and a slow metabolism, are considered when putting together the weight loss plan. Most people don't realize how big of an impact hormones have on their weight. By simply changing your body's hormonal balance, you could see significant long term results.

More about the clinic and their newly launched weight loss program can be seen at <http://www.hormonemds.com/>.

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Diabetes, Osteoporosis, Obesity, Inc.

At Diabetes, Osteoporosis, Obesity, Inc. we listen and investigate in order to find an answer to your health problems. When it comes to endocrinology, there's usually more than just one factor which is why we focus on connecting the dots.

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