



## **Potent Spirulina Supplement Strengthens Fight against High Cholesterol and Cardiovascular Diseases**

*December 17, 2015*

December 17, 2015 - PRESSADVANTAGE -

Cardiovascular diseases remain on top of the list of the leading causes of death worldwide and despite increased awareness the number continues to rise overtime with health authorities and the public continually struggling to keep the dreaded health problems at bay. To reinforce the fight, a potent Spirulina supplement steps in, giving people another way to secure their heart and health.

According to the American Heart and Stroke Association, cardiovascular diseases are the leading causes of death around the globe with more than 17 million fatalities annually -- a number expected to rise to more than 23 million by 2030. Modern lifestyle and consumption habits are pointed out as factors contributing to the steady growth of cases and fatalities, a prevailing crisis even with massive awareness campaigns.

Despite the effectiveness of lifestyle changes, people remain uneasy knowing that the problem could hit them

or their family anytime, prompting them to look for other ways to avoid developing cardiovascular diseases. This is what Bri Nutrition's Spirulina supplement seeks to provide, a reliable ally to lower the risk of cardiovascular problems in order for people to live healthy lives and gain peace of mind.

### A Reliable Reinforcement

"Bri Nutrition understands the importance of keeping our cardiovascular systems healthy and to keep ourselves and family protected from associated health risks, that is why we develop an extra strong Spirulina supplement to give people a reliable reinforcement on their battle against high cholesterol and other causes of cardiovascular disease," says Candice Nellie Styles, Marketing Communication Manager for Bri Nutrition.

A 100% all-natural health supplement, Bri Nutrition Spirulina Extra Strong, manufactured under the highest FDA standards, aims to provide people access to Spirulina benefits in reducing cholesterol levels in the body and lower the risk of developing cardiovascular diseases.

"The health advantages of a potent Spirulina supplement is something that people can benefit from, so we made it readily available for them," Styles said.

### Cholesterol-Lowering Effects of Spirulina

A study published in the Journal of Food Science and Technology suggests the effectiveness of Spirulina in reducing the cholesterol levels in the body.

The study found a significant reduction in blood cholesterol triglycerides and LDL cholesterol, as well as an increase in HDL cholesterol after administering Spirulina supplement to patients with ischemic heart diseases.

### Other Benefits of Spirulina Extra Strength

Aside from its high potential in lowering cholesterol levels in the body, Bri Nutrition's Spirulina Extra Strength supplement also offers other potential health benefits, including immune response modulation, keeping the eyes healthy, reduction of inflammation and easing PMS symptoms, improvement of the digestive system, detoxification, brain function improvement and liver disorder prevention.

For more information about Spirulina Extra Strength and other Bri Nutrition products check out its Amazon Store.

###

For more information about BriNutrition, contact the company here: [BriNutritionSamanthaBrayLockton1888](mailto:BriNutritionSamanthaBrayLockton1888) -

274 - 3270questions@brinutrition.com16192 Coastal Highway, Lewes, Delaware 19958-9776

## **BriNutrition**

*BRI Nutrition is a natural supplements company with a heart that's here to help customers in their journey towards achieving optimal health, longevity, and wellness.*

Website: <http://www.brinutrition.com>

Email: [questions@brinutrition.com](mailto:questions@brinutrition.com)

Phone: 1888 - 274 - 3270

