



## **Dr Granitsas Orthopedic Clinic Offers Orthopedic Surgeon Services in Nicosia Cyprus**

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Dr Granitsas Orthopedic Clinic, based in Nicosia, Cyprus, is offering orthopedic surgeon services in Nicosia and neighboring areas. Dr. Nikos Granitsas uses the most advanced and minimally invasive methods for the treatment of orthopedic diseases, such as the personalized and pioneering MyKnee total knee arthroplasty and Medacta's minimally invasive AMIS anterior strategy for hip pain treatment. Total arthroplasty is the most effective treatment for damage to the joints because of injury, arthritis, or rheumatopathy.

Dr. Granitsas says, "We examine and treat patients with orthopedic problems that cause pain in joints, muscles, and bones. We offer treatment for musculoskeletal injuries, like sprains, fractures, and tendon ruptures. We also take care of patients with chronic diseases, including osteoarthritis in the knees, hip and other joints. In addition, we have developed the most innovative techniques for the treatment of deformities of the foot (bunion of the foot), carpal syndrome tube and cervical syndrome."

Medacta's MyKnee smart total knee arthroplasty is a minimally invasive surgery that can be personalized for

every patient and performed with robotic accuracy. This can be used for deformed and damaged knee joints due to arthritis, injuries, or degenerative lesions over time. Patients typically experience severe pain and are incapable of walking long distances. Fortunately, total knee arthroplasty may now be performed with robotic surgery, without the patient suffering from pain and discomfort.

Aside from knee arthroplasty, Dr. Granitsas can also provide total hip arthroplasty. This is crucial because the hip plays a vital role in daily activities, such as walking, sitting or maintaining balance. Thus, hip pain, which is typically accompanied with difficulty or inability in walking will require immediate treatment. With the innovative AMIS anterior access surgery method, Dr. Granitsas can provide bloodless and painless hip arthroplasty. Those who are interested in learning more about Dr Granitsas Orthopedic Clinic can check out their Facebook page.

Dr. Granitsas can also provide knee and meniscus arthroscopy, which is a minimally invasive method, that can be used for the treatment of knee injuries that result into pain and stiffness. The knee was the first joint in which arthroscopy was applied as a method for diagnosing, treating and rehabilitating different kinds of pathologies and injuries, including ligament rupture, osteoarthritis, and meniscus tear. The advantage is that after knee arthroscopy, the patient can be discharged from the hospital within the same day and after one month the patient would be able to completely return to his sports activities.

Dr Granitsas Orthopedic Clinic also provides low back or leg pain treatment. Patients suffering from low back or leg pain have symptoms of low back pain and sciatica, respectively. Poor posture, lack of exercises, smoking, and standing increase the risks of having low back pain and sciatica. Fortunately, both symptoms can now be treated by Dr. Granitsas using the most effective and innovative methods for providing immediate relief from the pain.

The orthopedist will conduct a physical exam to check the patient's muscle strength. It usually includes: control of movements of the lumbar spine; control of pain intensity in the lower back; and knee pressure on the abdomen to check for instability in the lateral joints. Low back pain treatment is typically provided conservatively with local drug infusions.

Dr Granitsas Orthopedic Clinic was founded by Dr. Nikos Granitsas, a distinguished surgeon orthopedist, who specializes in robotic arthroplasty knee and hip, knee, meniscus and arthroscopy hip, and back pain - sciatica. He provides treatment and rehabilitation for various sports injuries and orthopedic issues painlessly and effectively. His main services are knee arthroplasty, hip arthroplasty, knee arthroscopy, and lower back pain treatment.

Dr. Granitsas collaborates with the American Medical Center/American Heart Institute (AMC/AHI) in Cyprus for the administration of the surgical procedures. Its innovative, ecological, and technologically advanced

facilities in Cyprus contributes substantially boosting the health standards in the country. It is the first 'green' hospital in the Middle East and Europe.

Those who are interested in knowing more about the orthopedic services can check out the Dr Granitsas Orthopedic Clinic website or contact them on the phone or through email. They can also visit Dr Granitsas' LinkedIn page.

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For more information about Dr Granitsas Orthopedic Clinic, contact the company here: Dr Granitsas Orthopedic Clinic Dr Granitsas 35722552210 ngranitsas@orthopedicclinic.com.cy Georgiou Griva Digeni 36-7 block, Nicosia 1066, Cyprus

### **Dr Granitsas Orthopedic Clinic**

*Dr. Granitsas is an orthopedic surgeon in Nicosia, Cyprus. He specializes in knee & hip arthroplasty, back pain injections for lower back pain, and arthroscopy.*

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