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Govivo Naturally Boost Your Energy Supplement Featured in Top10Supplements.com

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Govivo, a provider of a number of health and fitness products, has been featured in Top10Supplements.com's "Best Recovery Supplements" Top 10 for 2016 category thanks to its muscle recovery supplement, "Naturally Boost Your Energy". In order to determine the best recovery supplements, the following criteria were used: feedback received from users, general popularity, the relevance of ingredients used in each formula, and the value for money that can be expected from each recovery product.

Occupying the 8th spot, the Top10Supplements.com evaluation of Naturally Boost Your Energy states: "With its potent grape extract, Govivo " Natural herbal metabolism booster and post workout muscle recovery provide your body with an amazing array of nutrients to stimulate both your mind and body. Although Govivo is not strictly a muscle recovery supplement that is commonly used by athletes and bodybuilders, it is an excellent dietary supplement that will provide you with a heap of added health insurance and peace of mind in the long run." Top10Supplements.com reviews health and nutrition supplements for fitness enthusiasts. The website includes rankings, reviews, articles, tips, recipes and more.

Powergrape is the active ingredient contained in the product. The ingredient contains flavonoids and

antioxidants that are part of the polyphenols family. Powergrape may have a positive effect on the body that has been scientifically validated and clinically proven. It also has been tested for the presence of a range of banned substances that are prohibited by the World Anti-Doping Agency. It is a vegan, gluten-free, wheat-free, and a 100 percent all-natural product. The benefits of polyphenols in personal health in both men and women have been widely documented over the years, due to the polyphenols' antioxidant and anti-inflammatory properties. Polyphenols have been found to have a positive impact by reducing high blood pressure and can help to reinforce the immune system, and may provide a number of other benefits, according to a company spokesperson.

"This non-stimulant performance aid works to help muscles work more efficiently after a strenuous fitness activity," explains govivo's communications director. "It provides relief of joint muscle ache, pain, stiffness and fatigue." Furthermore, she explains, "Govivo has sought out industry experts and specialists to create product lines that help people in their quest to stay active and maintain healthy and balanced lifestyles. Having our supplement featured on Top10Supplements.com is evidence that our product stands out from the abundant array of post-recovery supplements thanks to its unique composition with Powergrape. A recovery supplement is an important addition to any fitness enthusiasts' workout recovery routine." explains the communications director.

Govivo is a family owned and operated business. The company offers a wide variety of products which can be found on the Amazon marketplace. More about them, and the list of products that they offer, can be seen on their official website.

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For more information about Govivo, contact the company here: GovivoMedia Director 1-888-611-3327 social@simplygovivo.com C.P. 360533216 Boul. Taschereau Greenfield Park, Qc, J4V 2J0 Canada

Govivo

Govivo's mission is simple ? make people's lives healthier and happier by making wellness more attainable. We also want to help people make more balanced and sensible choices. Our product selection includes fitness accessories and all-natural supplements.

Website: <http://www.simplygovivo.com>

Email: social@simplygovivo.com

Phone: 1-888-611-3327

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