


# Toronto Functional Medicine Centre Explains How IV Therapy in Toronto May Be Used to Cope with Chronic Fatigue

*December 27, 2023*

TORONTO, ON - December 27, 2023 -

Toronto Functional Medicine Centre (TFMC) in Toronto, ON, Canada, has recently released a blog post that explains how to cope with chronic fatigue through IV therapy in Toronto. While chronic fatigue syndrome is a complex health problem, functional medicine therapies, such as IV therapy, may be used to help support energy levels and detoxification of the body. This condition is also referred to as myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS) where the person affected usually feels excessively tired or severe sluggishness, such that sleep cannot increase the person?s energy levels. Furthermore, either physical exertion or cognitive activities may cause the chronic illness symptoms to worsen.

ME/CFS has been observed to occur across all ages, including children, but women tend to be affected by it more frequently compared to men. The symptoms may be similar to other health problems, such as the flu, which makes it difficult to diagnose it. Symptoms may include light sensitivity, joint pain, depression, headaches, and poor mental clarity and concentration. The patient may also suffer from low fever, weakness, sore throat, body temperature changes (i.e. chills), rawness in the neck and armpit lymph nodes, breathing issues, and food sensitivities.

Scientists have been unable to pinpoint the exact cause of ME/CFS but they suspect a number of possible causes, such as: changes to immune health after experiencing certain illnesses; dysfunctions to cellular functioning; excessive oxidative stress; and hormonal imbalances.

Customised functional medicine programs may be used to address fatigue and promote health benefits. One treatment modality that may be applied as part of their personalized treatment service is adjunct vitamin IV therapy. This personalized IV drip may be used to provide essential nutrients to the body, facilitate detoxification to revitalize the mitochondria, and boost the infusion of antioxidants.

During the initial consultation at TFMC, various items will be discussed, such as the patient?s medical history, lifestyle and environmental factors, genetics, and health goals. They may also recommend functional medicine lab tests, such as the heavy metal toxicity test, hormone testing, stool testing, and personalized nutritional evaluation. After determining the various elements of the patient?s health condition, they will craft a treatment plan using functional medicine therapies, lifestyle adjustments, oral supplementation, and adjuvant treatment IV therapy.

IV nutrient therapy may be provided as an individualized approach to the patient?s nutritional requirements. This may offer several beneficial effects, including the elimination of toxins, maintaining blood cell formation and mitochondrial energy production, and antioxidant/anti-inflammatory support, which offers rehydration of fluids. Compared to oral supplementation, IV nutrient therapy offers the benefit of complete absorption of vitamins, minerals, antioxidants, and other nutrients that are needed. This is because IV therapy drips bypass the gastrointestinal tract, which also reduces the risks of experiencing unwanted side effects.

For the management of ME/CFS, they may recommend certain concentrations of nutrients to promote liver detoxification, boost essential energy production, and improve immune health. For example, they may suggest a high-dose vitamin C drip in combination with other major minerals, antioxidants, B vitamins, and other key nutrients for various health issues.

The Toronto Functional Medicine Centre in Toronto, Ontario, Canada utilises the integrative functional medicine approach that integrates functional medicine, naturopathic medicine, allopathic medicine, acupuncture, bio-identical hormone replacement, IV therapy, detoxification, and more. This specific concept may be used for various kinds of health issues, including: neuropathic pain, postmenopausal health issues, acute health issues, tissue repair, athletic recovery, hormone imbalances, DNA repair, fertility issues, cellular damage, chronic fatigue, mineral deficiencies, thyroid issues, adrenal function, skin rejuvenation, immune function, and more.

Those who would like to learn more about IV therapy, including the use of IV therapy as adjunct therapy for detoxification, can visit the Toronto Functional Medicine Centre website or contact them through the telephone at (416) 968-6961 or by email at info@tfm.care. They are open from 9:00 am to 6:00 pm on Mondays and Wednesdays; from 10:00 am to 5:00 pm on Tuesdays and Thursdays; from 9:00 am to 5:00 pm on Fridays; and from 9:00 am to 4:00 pm on alternating Saturdays.

###

For more information about Toronto Functional Medicine Centre, contact the company here:Toronto Functional Medicine CentreHeather Claus(416) 968-6961info@tfm.careToronto Functional Medicine Centre55 Avenue Rd 204 AToronto, ON M5R 3L2

**Toronto Functional Medicine Centre**

*Our team of dedicated health and wellness practitioners have a passion for integrative functional and naturopathic medicine healing. We strive to help each patient shift towards balanced, wholesome wellness.*

Website: https://torontofunctionalmedicine.com/

Email: info@tfm.care

Phone: (416) 968-6961

