



intouchchiropractic

San Diego Chiropractor Receives Five Star Review for Lower Back Pain Treatment

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Intouch Chiropractic, a chiropractic practice in San Diego, CA, takes pride in the five star review they recently received for the chronic back pain treatment that they had provided for a patient. Many patients with chronic back pain in San Diego go to Intouch, most especially, those who don't want to depend on daily pain medications, whether prescription-based or over-the-counter. They state that painkillers and muscle relaxants may take care of the symptoms, but don't provide a solution to the root cause of the problem and neither do they offer a long-term solution.

It is important to note that Intouch currently has an overall rating of 5.0 out of 5 stars on Google after receiving almost 400 reviews. In the above-mentioned review, SLupie W. said, "My intention to go to Intouch Chiropractics was to heal my lower back, straighten my spine, and decrease my pain medicine. The staff are very positive people. They make my hopes and dreams come true. Intouch embodies my capacity to facilitate my intentions of healing through their instruction and treatment."

Taking pain medications for a long time or taking it in the wrong dosage can result in a variety of side effects that may even be dangerous for the patient. Many patients who go to Intouch are suffering from considerable pain. They felt that they had already tried everything to find relief for their pain but nothing had worked. Dr. Devin Young says, "That's where we come in. Don't lose hope! We treat many patients successfully with our state-of-the-art DRX9000 spinal decompression technology and upper cervical care. If you're looking for lower back pain treatment in San Diego from a chiropractor, we can help. We use state-of-the-art equipment to tailor the treatment to your specific situation."

At Intouch Chiropractic, they are able to effectively help patients suffering from chronic back pain through the resolution of spine misalignment problems with gentle chiropractic techniques. Many patients experience lower back pain after an auto or sports accident, trauma, or injury. The pain is usually caused by a bulging disc, spinal stenosis, facet syndrome, herniated disc, or degenerative disc disease.

The upper cervical chiropractic care they provide at Intouch is an all-natural, non-invasive technique for relieving low back pain. The doctors at the practice will first conduct a comprehensive physical exam and then discuss with the patient the causes of low back pain. They will ask a number of questions, such as how often, where, and when the back pain occurs.

With the information the doctors have gathered during the consultation and physical exam, they will be able to determine if the patient is a candidate for the kind of care they provide. Instead of just treating the symptoms, the doctors will come up with a long-term strategy not just to resolve the lower back pain as quickly as possible but also to prevent future spinal decay. They provide upper cervical care because the alignment of the head and neck oftentimes plays a crucial role in lower back pain.

For those who have a disc injury, they may suggest non-surgical spinal decompression sessions to help the discs heal. They use the DRX9000, which is a non-invasive, non-surgical treatment that offers the advantage of no downtime, and is highly recommended and effective for lower back pain.

Intouch Chiropractic is a boutique-style practice with a husband-and-wife team of chiropractic doctors who specialize in the most advanced techniques. They utilize gentle, non-invasive methods that treat conditions without medications, injections or surgery. Their focus is NUCCA upper cervical chiropractic care, non-surgical spinal decompression therapy, laser therapy and shockwave therapy. Dr. Devin Young, DC, DCCJP obtained his undergraduate degree in Exercise Physiology from UC Berkeley. He received clinical honors through his Doctorate of Chiropractic training at Life Chiropractic College West, and is also Level 2 Certified in NUCCA Procedures and Protocols. Dr. Young successfully completed the challenging 300-hour post-graduate Diplomate Program in Craniocervical Junction Procedures (DCCJP) through the International Chiropractic Association. Dr. Jeanett Tapia, DC, ACP represented her class as the outstanding graduate for her BS degree in Human Nutrition at San Diego State University. She also holds a Master's in Education, and

earned her Doctorate of Chiropractic from Life Chiropractic College West. She completed the post-graduate Academy of Chiropractic Philosophers Program from Sherman College of Chiropractic.

Those who are looking for chiropractic care in San Diego and neighboring areas can visit the Intouch Chiropractic website or contact them via phone or email.

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For more information about Intouch Chiropractic, contact the company here: Intouch Chiropractic Dr. Devin Young (619) 756-7510 info@sandiegonucca.com 2425 Camino Del Rio S #100 San Diego, CA 92108

Intouch Chiropractic

Our doctors specialize in NUCCA Spinal Care, DRX9000 Non-Surgical Spinal Decompression, Shockwave and Cold Laser Therapy in San Diego, California. We focus on low back pain, neck pain, sciatica, herniated discs, migraines, headaches and TMJ symptoms.

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