

Beautiful Journey Reproductive Counseling Center's Deborah Flam Shines Light on PTSD and Sexual Abuse Impact at NJOGS Event

December 05, 2023

December 05, 2023 - PRESSADVANTAGE -

Beautiful Journey Counseling & Beautiful Journey Reproductive Counseling Center, based in Mahwah, New Jersey, proudly announces a significant milestone as one of its staff members, Deborah Flam, took center stage at the prestigious New Jersey Obstetrical & Gynecological Society's Semi-Annual Meeting. The event, held at the Forsgate Country Club in Monroe Township, NJ, witnessed Flam delivering a compelling presentation on the subject of "Post Traumatic Stress Disorder and the Impact of Sexual Abuse on Childbearing Individuals." This insightful discourse unfolded on November 3rd, for the esteemed audience comprising the distinguished members of the New Jersey Obstetrical & Gynecological Society (NJOGS).

The New Jersey Obstetrical & Gynecological Society stands as an assembly of dedicated obstetricians and gynecologists who actively practice within the State of New Jersey. With a rich history dating back to 1947, NJOGS has consistently served as a cohesive force, uniting professionals in the field. Boasting an impressive membership of nearly 400 individuals and steadily growing, NJOGS stands as a formidable collective, emphasizing that navigating challenges within the healthcare system is most effectively achieved through collaboration and solidarity.

The engagement unfolded within the refined setting of the Forsgate Country Club, providing an ideal backdrop for the exchange of critical insights into the topic of Post Traumatic Stress Disorder and its correlation with the experiences of childbearing individuals subjected to sexual abuse. Deborah Flam, a distinguished member of the Beautiful Journey Counseling and Beautiful Journey Reproductive Counseling Center teams, brought forth a wealth of expertise and knowledge during her presentation, contributing to the ongoing dialogue within the medical community on these crucial issues.

Deborah Flam is also a co-clinical director at Beautiful Journey Reproductive Counseling Center, a counseling center specifically for those struggling with reproductive mental health issues, like perinatal mental health disorders, birth trauma, NICU, abortion, grief and loss, and infertility counseling. Flam is the clinical

director of professional development and community outreach for the center. "The transition into parenthood is such an incredible time but it also brings about so many struggles for people. I am here to help you with any issue you may be experiencing during this time and I will be your biggest support system!" says Flam, regarding her practice at both Beautiful Journey Counseling and Beautiful Journey Reproductive Counseling Center.

Flam's discourse resonated with the core principles upheld by NJOGS, fostering an environment where professionals can share valuable perspectives and advancements in their respective fields. Her presentation underscored the significance of collaborative efforts in addressing complex healthcare challenges.

Beautiful Journey Counseling and Beautiful Journey Reproductive Counseling Center take pride in their commitment to advancing mental health awareness and contributing to the broader discourse on trauma-related issues. Deborah Flam's participation at the NJOGS Semi-Annual Meeting reflects the center's dedication to promoting knowledge and understanding in areas that intersect mental health and women's health.

Beautiful Journey Counseling & Beautiful Journey Reproductive Counseling Center extends its gratitude to the New Jersey Obstetrical & Gynecological Society for providing a platform to showcase insights into the critical intersection of mental health, trauma, and women's reproductive experiences. The center remains steadfast in its mission to contribute meaningfully to the broader healthcare conversation, fostering collaboration and understanding within the medical community and beyond.

For more information about Beautiful Journey Counseling and their award-winning counseling services, please visit their website at <https://www.beautifuljc.com/>

About Beautiful Journey Counseling:

Beautiful Journey Counseling, based in New Jersey, is a private therapy practice that uses different therapy techniques to help children, adolescents, and adults find solutions to challenges that they are facing and bring about positive changes in their lives.

Through support and guidance, their mission is to empower our clients to make the necessary changes to reach their goals, overcome their struggles, manage their stress and anxiety, strengthen their relationships with others and themselves, and ultimately rediscover their full potential.

Their team of skilled professionals employs evidence-based therapeutic approaches to assist individuals and families in overcoming life's challenges and finding healing and resilience. Beautiful Journey Counseling is committed to creating a nurturing and empowering environment for its clients, helping them on their path toward a beautiful journey of mental and emotional well-being.

###

For more information about Beautiful Journey Counseling, contact the company here: Beautiful Journey Counseling (can't be blank to archive) 551-319-2029 stephanievitanzo@beautifuljc.com 860 Wyckoff Ave. Suite 303 Mahwah, NJ 07430

Beautiful Journey Counseling

Beautiful Journey Counseling is a private therapy practice that uses different therapy techniques to help children, adolescents, and adults find solutions to challenges that they are facing and bring about positive changes in their lives.

Website: <https://www.beautifuljc.com/>

Email: stephanievitanzo@beautifuljc.com

Phone: 551-319-2029