

Unlocking The Body Offers Massage Therapy In Puyallup

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Unlocking The Body Massage Therapy is offering a range of massage therapy services in Puyallup, WA. Local residents who are suffering from pain and discomfort in the body can find relief through massage therapy performed by qualified specialists.

The spa provides clients with a wide range of choices when it comes to massage therapy. Almost every kind of massage offered by Unlocking The Body is customizable, with clients being able to add or remove certain elements in order to create the perfect experience. Prices range from as little as $5 to $20 (with a great deal of flexibility regarding what clients choose to include at every price point). Unlocking The Body has made it a point to ensure that everyone can access the soothing relief of massage therapy, and the spa?s flexibility is one of the many ways in which they seek to be more accessible.

Massage therapy has been known to help with back pain, neck pain and a variety of other issues. There are a number of physical problems that many would be unlikely to associate with tension in certain areas of the body, but massage therapy has proven to be an effective way of reducing many different kinds of pain.

One of the most popular massage therapy packages offered by Unlocking The Body is their $5 Aromatherapy Essentials massage. Unlocking The Body calls this package, ?An easy way to customize a massage that will meet your needs every time. Choose from these customized scent blends and enjoy your blissful session: Balance, Breathe Well, Headache Blend, Herbal Detox, Muscle Cool, Muscle Warm, Peace, Pregnancy Blend, Rosemary & Mint, Serenity, Stress & Tension, Take 5, Tranquillitè or Virus Shield. Individual Essences are also available in Lavender, Red Grapefruit, Lemongrass, Eucalyptus or Peppermint. Specify custom scents now, or we can help you make your selection at time of service.?

Clients in search of a massage more centered around their face and scalp may be interested in the Scalp & Facial Massage Essentials package offered by Unlocking The Body. This service combines the client?s choice of an aromatherapy blend with special strokes. The massage is meant to enhance circulation, decrease water retention around the face and neck and generally feel good. Small add-ons allow for the addition of other services or a slightly longer massage.

Unlocking The Body?s premium packages offer unmatched value without compromise. For only $20, the spa offers their Hot Stone Therapy massage which combines the traditional hot stone massage with massage therapy in order to ensure that every problem area is reached. Often, hot stone massages fail to reach certain troublesome spots because only hot stones are used throughout the process. Using smooth basalt stones, Unlocking The Body?s hot stone therapy specialists can melt away tension and stress. Clients are also free to add an aromatherapy package to the session to make it so the massage satisfies all their senses.

Massage cupping is another service that is available at Unlocking The Body. Cupping uses suction and negative pressure to soften tight muscles, loosen adhesions and separate layers of connective tissue in order to bring hydration and blood flow to body tissues. It is a versatile form of therapy that can easily be modified to produce a wide range of results. The practice dates back thousands of years and is all but guaranteed to offer unmatched relaxation and noticeable results.

Unlocking The Body also offers Craniosacral Therapy (CST). The spa says, ?With a light touch, the CST practitioner uses his or her hands to evaluate the craniosacral system by gently feeling various locations of the body to test for the ease of motion and rhythm of the cerebrospinal fluid pulsing around the brain and spinal cord. Soft-touch techniques are then used to release restrictions in any tissues influencing the craniosacral system. By normalizing the environment around the brain and spinal cord and enhancing the body?s ability to self-correct, Craniosacral Therapy is able to alleviate a wide variety of dysfunctions, from chronic pain and sports injuries to stroke and neurological impairment.?

Clients may learn more about the massage therapy center through their website. Unlocking The Body has

helped countless Puyallup residents find peace, relaxation and relief through massage therapy, and the team is always looking to help more people find peace within their own bodies.

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For more information about Unlocking The Body Massage Therapy, contact the company here:Unlocking The Body Massage TherapyJennifer Bull(253) 970-8256info@unlockingthebody.com8112 112th St Ct E, Puyallup, WA 98373

Unlocking The Body Massage Therapy

Established in 2008, Unlocking The Body is a Massage Therapy Clinic in Puyallup. We accept Health Insurance, Car Accidents, Work Related Injuries, as well as Private Pay for general wellness or stress relief in our day spa.

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