



Nursing Milk Tea Considered By Medela To May Be Capable Of Building Milk Supplies in Mothers

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Naples, FL - The Amazon vendor, Dr. Rosemary's Tea Therapy, has produced a helpful product for mothers called Breastmilk Booster. It is a herbal blend that contains as its main ingredients, fenugreek, anise, fennel and coriander. The company highlighted that they are different from the other similar products on the market because they provide a loose leaf herbal blend that is both rich in flavor and affords many benefits to the user.

One website called Medela which specializes in breastfeeding knowledge showed how mothers could use fenugreek to 'build their milk supplies.' The website stated that 'fenugreek is an herb that has long been used by healers as medicine, and as a galactagogue (to boost milk supply). Historically, fenugreek is an herb, *trigonella foenum-graecum L*, and is grown in various countries around the world including Argentina, France, India, and North Africa, and in the Mediterranean countries.'

The website also considered fenugreek to be high in fiber and was possible in tea form to increase breast

milk production. Dr. Rosemary's Tea Therapy has created a milk tea that is a combination of loose leaf herbs. This enhances the flavor of the milk tea, increases the main benefit of boosting breast milk and creates a more wholesome nursing milk tea.

Aside from the ingredients previously listed, the milk tea therapy contains many other herbs and substances. In order to create a more delicious and flavorful taste the ingredients orange peel, spearmint and lemongrass are added. To add to the ingredient list of the tea therapy, other organic ingredients such as organic red raspberry leaf, organic caraway seed, and organic milk thistle are placed in the package. According to Dr. Rosemary, these produce a loose leaf herbal blend that enhances the efficiency of the milk tea.

One satisfied customer on Amazon remarked that, "I love tea and use it to treat a variety of ailments holistically before turning to medications. I have been having trouble keeping my milk supply up while nursing my 9 month old daughter and decided to try Dr. Rosemary's Tea Therapy Breast Milk Booster to up my milk supply. I am noticing amazing differences, especially when combined with my oatmeal breakfast in the mornings."

The milk tea is available for consumers on the giant shopping portal Amazon at an affordable price. If customers purchase two of Dr. Rosemary's Tea Therapy they can save 10% off qualifying items by entering the code F3VBNAXU at checkout.

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