Rehab Explores How Long Poppers Stay in the System

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LARGO, FL - January 04, 2024 -
Largo, FL ? Clean Recovery Centers published a blog recently about how long poppers stay in the system. Their blog has served as a free resource for anyone looking to learn more about substance use and how it affects the mind and body. Investigating substances that are not commonly heard of is one of their specialties.

?Poppers are a depressant and are commonly inhaled. Typically, they are made up of amyl nitrite, which is part of the alkyl nitrites drug class. This also covers butyl nitrite, isobutyl nitrite, and isopropyl nitrite. Amyl nitrite is the most common popper variety, and can be used to help relaxation and improve sexual function and quality. Poppers get their name from how they are packaged ? in glass bottles that are crushed in cloth. The vapor is then inhaled from the cloth. The timeframe the effects last can vary, but typically, poppers stay in your system for around 12 hours after using them,? the article states.

Symptoms of popper use typically surround the heart, but they can affect other areas of the body. Common symptoms of popper use include low blood pressure, euphoric relaxation, nose bleeds, breathing difficulties, headaches, muscle relaxation, and blurred vision. If poppers come in contact with the skin, they can cause burns. This is why popper use is also associated with skin irritation around the nose.

Because poppers are inhaled, they will not show up on standard 5-panel drug screens. However, they can be detectable in urine for 72 hours after the last use, depending on the person. In blood, poppers are usually undetectable after 12 to 24 hours. There are tests being developed in other countries to test for inhalant use, but for an employment screening, amyl nitrites will most likely not show a presence.

?Once a substance enters the body, there is no true way to get it out of your system faster. Poppers? effects are short-lived, and even after the initial rush, the headache and dizziness only last a few hours. Drinking water, using poppers in a fresh air environment, and not mixing with other substances can help reduce the after-effects, but the amyl nitrite is still in your system. This is important to note as it is possible to experience life-threatening effects from inhaling too many doses of poppers at once. Methemoglobinemia is a condition that occurs from extensive popper use and causes issues with oxygen reaching the muscles within the body. It can cause serious damage and even death,? the article continues.

Poppers do not stay in the system longer when mixed with other substances. However, they can interact with other medications and substances to create longer and more dangerous effects. For those taking erectile dysfunction medication ? such as Viagra ? and mixing it with poppers, loss of consciousness due to extreme drops in blood pressure can occur. Amyl nitrite mixed with amphetamines or methamphetamines can increase the amount of strain on the heart, making it difficult to pump blood throughout the body.

Clean Recovery Centers has been one of the leading providers of addiction and mental health treatment in the Gulf Coast area for years. Their dedicated team is able to diagnose and treat mental health conditions alongside providing quality addiction treatment. With multiple locations, they are able to serve a wide area throughout Florida and continue to grow and thrive to serve more and more people.

To learn more about Clean Recovery Centers, call (888) 330-2532 or visit their website.

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Clean Recovery Centers - Largo

Located on the beautiful Suncoast of Florida, Clean Recovery Centers provides the full spectrum of treatment options for drug and alcohol addiction.

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