



## **Dr. Rosemary's Milk Tea Shown To Be A Great Gift For Mothers Due To Many Health Constituents**

*January 06, 2016*

January 06, 2016 - PRESSADVANTAGE -

Naples, FL - Online shoppers can purchase the Dr. Rosemary's Tea Therapy Breastmilk Booster from Desert Rose Wellness on the online shopping marketplace Amazon, and many customers are buying it for new mothers. The nursing tea is a blend of organic ingredients that provides nutrients to both mother and child.

The major ingredients of the milk tea include fenugreek, anise and fennel. As evidenced by the Home Remedies Web website, the fenugreek milk tea is a natural alternative remedy for many ailments. According to Home Remedies Web, fenugreek has been found to contain protein, vitamin C, niacin, potassium, and diosgenin (which is a compound that has properties similar to estrogen). Other active constituents in fenugreek are alkaloids, lysine and L-tryptophan, as well as steroidal saponins (diosgenin, yamogenin, tigogenin, and neotigogenin).?

The main benefit for nursing mothers is that it can aid in milk production. The alternative remedies resource

Home Remedies Web highlighted that fenugreek has been known to increase milk production in lactating women.?

Additionally the article which was written by Jawairia Zafar mentioned that research has even shown that milk production can increase by over 500 percent within 24 to 72 hours after consuming this herb. Although it is not known why this happens, researchers speculate that the oil contained in fenugreek plays a role.?

According to the article the fenugreek milk tea has a number of organic remedies for mothers that consume it. The milk tea is a natural remedy for heartburn and acid reflux, it balances cholesterol and it lowers blood sugar levels. The milk tea derived from the fenugreek herb is generally considered to be safe when used moderately, even though there are reports of a few side effects such as nausea and gastrointestinal discomfort.

The milk tea therapy also contains other organic ingredients for the blend including coriander, organic caraway seed, organic milk thistle and organic red raspberry leaf. The company highlighted that the combination of these herbs releases essential nutrients that help to benefit the mother and child even more. The herbal blend affords for the drinker a decrease in the free radicals in their body, thereby enhancing health and vitality.

Those who buy the milk tea therapy can receive free shipping once two or more of the packages are bought. The product comes with a 90 day money back guarantee.

###

For more information about Dr. Rosemary's Tea Therapy, contact the company here: Dr. Rosemary's Tea Therapy  
Dr. Rosemary's Tea Therapy 305-409-5804  
r@drwellnessdr.com 684 Goodlette Rd. Naples, FL 34102 United States

## **Dr. Rosemary's Tea Therapy**

*Dr. Rosemary is a Nationally Board Certified Acupuncture Physician trained in Traditional Chinese Medicine and Herbal Therapy.*

Email: r@drwellnessdr.com

Phone: 305-409-5804