

Kelly Mom Features Fenugreek Milk Tea For Increasing Breast Milk Production

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Naples, FL - Dr. Rosemary?s Tea Therapy has recently released a product called Dr. Rosemary?s Tea Therapy Breast Milk Booster. The product is sold exclusively on the shopping portal Amazon. The product is a blend of herbs including fenugreek which is formulated to help nursing mothers. The company stated that the blend is made to be an effective experience for the mother which is also beneficial to the breastfed infant.

One website called Kelly Mom, that focuses on giving studied advice on parenting and breastfeeding, announced that fenugreek helped to increase breast milk supply. Kelly Mom stated that fenugreek appeared to be the ?herb that is most often used to increase milk supply,? although studies have shown mixed results.

According to Kelly Mom, ?mothers generally notice an increase in production 24-72 hours after starting the herb, but it can take two weeks for others to see a change.? This according to the website is dependent on dosage and response of the mother. They mentioned that ?one way reported to determine if you?re taking the correct dosage is to slowly increase the amount of fenugreek until your sweat and urine begin to smell

like maple syrup.?

A study from Huggins mentioned that ?Most mothers have found that the herb can be discontinued once milk production is stimulated to an appropriate level. Adequate production is usually maintained as long as sufficient breast stimulation and emptying continues.?

The milk tea blend delivers a mixture of herbs in a comprehensive manner with loose leafed organics. Other herbs add to the taste and flavor of the milk tea therapy. These include lemongrass, spearmint and orange peel. Additionally other herbs such as coriander, organic milk thistle, organic caraway seed and organic red raspberry leaf add to the effectiveness of the tea therapy

One satisfied customer remarked, ?I haven't used the tea but a few times, however it seems to work! I have noticed an increase in my milk supply fairly quickly. Also, my milk seems thicker. I like that it's organic and caffeine free as I am trying to avoid such things. The tea taste good too, it has a minty flavor and is easy to drink. I have noticed that everytime I drink the tea I seem to get very relaxed. Overall I like the tea and will continue to drink it.?

The milk tea contains various types of herbs packaged to provide the drinker with essential nutrients. The herbal blend is caffeine free and gluten free for health conscious drinkers. The nursing tea blend is also less acidic and guaranteed by the company to go down smoothly.

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For more information about Dr. Rosemary's Tea Therapy, contact the company here:Dr. Rosemary's Tea TherapyDr. Rosemary's Tea Therapy305-409-5804r@drwellnessdr.com684 Goodlette Rd.Naples, FL 34102United States

Dr. Rosemary's Tea Therapy

Dr. Rosemary is a Nationally Board Certified Acupuncture Physician trained in Traditional Chinese Medicine and Herbal Therapy.

Email: r@drwellnessdr.com

Phone: 305-409-5804