



KAV Health Group Now Accepting New Patients, Children Aged Six or Older

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KAV Health Group, LLC, a trusted provider of mental health services in Southern Ohio, proudly announces it is now welcoming new patients, including children as young as six years old. With this expansion of services, KAV is committed to addressing the growing mental health needs of the community. This move also comes with the promise of same-day and next-day appointments, ensuring quality mental health care is accessible when patients need it most.

This change in policy is yet another example of KAV's dedication to providing help for those struggling with mental health or substance abuse.

"At KAV, we understand that seeking mental health support for a child can be a journey filled with questions and concerns," said Executive Director Kimberly Handegard. "Our aim is to provide answers and effective solutions. We offer a spectrum of services that are tailored to the unique circumstances of each young patient. These services range from individualized psychotherapy, grounded in evidence-based practices, to comprehensive care coordination and medication management. Our focus is on understanding the needs and preferences of each child and their family, and developing a care plan that addresses the diagnosis and

severity of the problem in the most effective manner."

From the start, KAV Health Group will offer an extensive list of mental health services for all patients, including children.

"Our program is designed to be holistic and all-encompassing," said Director of Business Development Services Joseph Sullivan. "Services offered include detailed assessments, coordinated and integrated care planning, resource linking, safety planning, skill development, and various forms of counseling and therapy, including individual, family, and group sessions. We also provide parenting skills training, family-to-family support, supported housing and employment services, psychiatric assessments, and medication monitoring. Recognizing that each child's situation is unique, we ensure these services are available in a variety of settings, including our offices, the patient's home, or community settings, to facilitate ease of access and comfort for our patients and their families."

This change also underscores the personal commitment to patient care that KAV Health Group has, and how passionate their team is about helping those in need of mental health services.

"As a psychiatric mental health nurse practitioner, my approach is centered around understanding and empathizing with my patients," said Nafresha Abuaun, P.M.H.N.P. at KAV. "Mental health challenges can be daunting, and my role is to provide a supportive, hopeful, and solution-oriented environment. With extensive experience in treating a wide age range of patients, from 6 to 65+ years, with various mental health issues, my focus is on providing a comprehensive, compassionate, and single-provider care experience. The goal is to create a setting that is safe, comfortable, and confidential, where individuals can address their mental health concerns without the stress and confusion of consulting multiple providers."

The expansion of KAV's patient base to include younger individuals is a response to the growing recognition of the importance of early intervention in mental health. By providing specialized care to children and adolescents, KAV is taking a proactive approach to mental health, aiming to address issues before they escalate into more significant challenges.

KAV Mental Health & Psychiatry offers a range of services for those seeking mental wellness. For more information or to schedule an appointment, interested individuals can call 937-291-2300 or visit kavmentalhealth.com. The KAV team is prepared to assist clients on their journey towards mental wellness, providing necessary support throughout the process.

About KAV Health Group, LLC?

KAV Health Group, LLC, is a trusted mental health and addiction treatment provider, serving clients in Ohio with proven methods such as cognitive behavioral therapy and medication assisted treatment (MAT) programs. KAV Health Group offers its clients a comprehensive approach to mental health and addiction and focuses on healing and growth. KAV Health Group uses licensed doctors and professionals, and its doctors take appointments six days a week, with same-day appointments available. Clients at KAV Health Group start with a comprehensive medical assessment and then receive a customized treatment plan for their specific needs.?

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For more information about KAV Mental Health & Psychiatry - Dayton, contact the company here:KAV Mental Health & Psychiatry - DaytonKimberly Handegard(513) 572-2470gethelp@kavhealthgroup.com5563 Far Hills AveDayton, OH 45429

KAV Mental Health & Psychiatry - Dayton

At KAV Mental Health & Psychiatry, our compassionate nurse practitioners provide therapy and treatment for anxiety, depression, bipolar disorder, and more. For mental health services in Dayton, OH, contact the professionals at KAV.

Website: <https://kavmentalhealth.com/contact-us/mental-health-treatment-dayton-oh/>

Email: gethelp@kavhealthgroup.com

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