



## **Center for Aesthetics? Exclusive Trifecta: The Idaho Falls De-Aging Triple Threat**

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IDAHO FALLS, ID: The Center for Aesthetics (CFA) in Idaho Falls has once again positioned itself at the forefront of non-surgical facial rejuvenation with the introduction of the CFA Trifecta, an exclusive skincare program detailed in their latest blog post, "CFA Trifecta: The Idaho Falls De-Aging Triple Threat." This innovative approach, blending three powerful treatments ? Ultherapy, Vivace, and PRP ? offers a revolutionary method for individuals seeking to reclaim their youthful appearance without undergoing invasive surgery.

The CFA Trifecta stands as a testament to the center's dedication to holistic and non-surgical aesthetic solutions. Dr. Catherine Durboraw, the visionary behind this unique combination, advocates for achieving "180 degrees of natural" ? a philosophy that ensures a naturally youthful look from all angles, challenging the limitations often associated with traditional facelifts. This concept is central to the CFA Trifecta, aiming to enhance inherent beauty while preserving the unique characteristics that define each individual.

The CFA Trifecta addresses the core issues of aging by targeting the weakened structure in the skin, dermis, and deep tissue planes. Aging leads to a slowdown in collagen renewal, causing sagging and loss of facial structure. The CFA Trifecta intervenes, stimulating new collagen production across all layers, restoring structural integrity, and reducing sagging.

The CFA Trifecta's unique combination of treatments works synergistically to combat aging. Ultherapy forms the foundation of this trio, utilizing ultrasound technology to lift and tighten areas such as the neck, chin, and chest, and reactivating deep collagen formation for a natural transformation. Complementing this, Vivace focuses on refining the skin's surface and dermal tissue through radiofrequency micro-needling, reducing surface wrinkles and enhancing the complexion with a youthful glow. The final touch, PRP (Platelet-Rich Plasma), boosts the body's healing response. Rich in growth factors, PRP accelerates cellular repair and turnover, magnifying the rejuvenating effects of Ultherapy and Vivace.

The combined effect of these treatments offers a multi-dimensional approach to facial rejuvenation. This synergy ensures a comprehensive restoration with minimal downtime, setting the CFA Trifecta apart as an ideal, non-surgical solution for effective anti-aging treatment.

The transformative journey offered by the CFA Trifecta extends beyond a single treatment. While immediate improvements are often noticeable, the full extent of rejuvenation unfolds over 4-6 months, ensuring long-lasting, natural-looking results. This gradual process defies the norms of traditional surgical procedures and highlights the importance of regular maintenance treatments for sustained results. The CFA recommends planning 2-3 Trifecta sessions per year, depending on individual needs and desired outcomes, to maintain healthy skin and a youthful glow.

Dr. Durboraw, a renowned oculofacial plastic surgeon, is the architect of the CFA Trifecta. With over 25 years of experience both as a board-certified oculofacial plastic surgeon and a patient in facial aesthetics, her insights have been instrumental in shaping this unique protocol. Her expertise and deep understanding of facial aesthetics are evident in the careful design of the CFA Trifecta.

The CFA Trifecta is more than a skincare program; it represents a commitment to evolving beauty. By leveraging the body's natural healing capabilities and the latest in aesthetic technology, the CFA Trifecta offers a path back to youthful vibrancy. The Center for Aesthetics in Idaho Falls invites individuals to rediscover their youthful selves through this innovative program.

At the Center for Aesthetics, the commitment is to be a guide and cheerleader through the years, offering personalized service without pushing treatments. The center prides itself on the long-standing relationships built with patients, based on trust and a shared journey towards age-defying beauty. For those ready to embark on a self-care journey with the CFA Trifecta, the Center for Aesthetics in Idaho Falls is the ideal

partner, ready to provide consultation and support every step of the way.

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For more information about The Center for Aesthetics Idaho Falls, contact the company here: The Center for Aesthetics Idaho Falls Catherine Durboraw, MD 208-529-8232 cfabeauty@gmail.com The Center for Aesthetics 2375 E Sunnyside Rd Idaho Falls, ID 83404

### **The Center for Aesthetics Idaho Falls**

*Center for Aesthetics in Idaho Falls, ID specializes in non-surgical aesthetic medicine; laser hair removal, CoolSculpting, Botox, Dysport, RHA Dermal Fillers, Hydrafacials, Microneedling, PRP therapy, and other exclusive de-aging protocols.*

Website: <https://cfabeautyidahofalls.com>

Email: [cfabeauty@gmail.com](mailto:cfabeauty@gmail.com)

Phone: 208-529-8232

