



# SERENITY LANE

## Alcohol & Drug Treatment Services

## **Serenity Lane Exposes Drug-Induced Paranoia**

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Serenity Lane, located in Bend, Oregon, has recently posted an article shedding light on the lesser-known substance use side effect that is paranoia. As the oldest non-profit rehab center in the state, they're aware of how concerning it can be to experience paranoia without knowing what it is. Their goal with posting articles such as this is to provide further education about the side effects of substance use. When people can pinpoint where their symptoms are coming from, they can make more informed decisions about their health.

They start off the article by explaining how paranoia can stem from a variety of different substances. Because many kinds of substances can interact with the chemistry of the brain, many have the chance of causing paranoia. The most common substances related to paranoia include hallucinogens such as LSD and PSP, as well as other substances like cocaine, marijuana, and amphetamines. It is also possible for a person to experience paranoia because of alcohol consumption as well.

Just because a substance has a chance for the person to experience paranoia, doesn't mean it will always happen, Serenity Lane explains. Like many cases with medication and substance use, not all potential side effects happen to everyone. There are factors, however, that might increase the likelihood of paranoia occurring. These primarily revolve around mental illnesses such as PTSD or schizophrenia.

The rehab center continues by explaining how pre-existing conditions can be worsened by substance use, like depression and anxiety. When someone is already managing a mental health condition, they might be at higher risk of experiencing paranoia. In the case of depression, the paranoia might play into the fears that are common with depression like worthlessness or believing your friends will one day realize they're better off without you. In the case of anxiety, the side effects of anxiety can easily feed into paranoia. Quickened heart rate and the fear of those around you becomes amplified and ends up evolving into paranoia due to substance use.

Serenity Lane next goes on to explain exactly what paranoia is, so that readers can have a better idea of what it might feel like to experience it, or what it might look like if a loved one were to experience it. Paranoia is a type of delusion. A delusion is when a person is convinced that their thoughts and understandings are true, even though they aren't true for everyone else around them. In the specific case of paranoia, this involves the belief that you are being threatened in some way, shape, or form.

For those who want to learn more about the types of paranoia and how drug-induced paranoia might impact a person, the article further elaborates on these topics before giving readers the information they need to seek help for both conditions.

Serenity Lane has been helping people overcome substance and alcohol use disorders since 1973. All of the programs they offer have been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). They have introduced many new programs in Oregon, such as residential step-down and outpatient programs that integrate residential and outpatient services. They have also been the provider of the only Addiction Counselor Training Program in Oregon. Some of their graduates are now offering their services through several treatment programs throughout the country.

People who would like to know more about the addiction treatment services available through Serenity Lane of Bend, Oregon can visit their website or contact them by telephone or email. Serenity Lane has live people ready to help place patients from 8:00 am - 7:30 pm Monday through Friday, and 8:00 am - 6:00 pm Saturday and Sunday.

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For more information about Serenity Lane Bend Outpatient Treatment, contact the company here: Serenity Lane Bend Outpatient Treatment Stephanie Edwards 541-485-1577 info@serenitylane.org 920 SW Emkay Dr Suite #104 Bend OR 97702

**Serenity Lane Bend Outpatient Treatment**

*Serenity Lane was established as a private, non-profit addiction treatment center for alcoholism and drug use in 1973. We have programs throughout Oregon and Southwest Washington. We believe that recovery from addiction is possible.*

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