



The Aroma Room Announces Opening of Its Carmel Aromatherapy Steam and Halotherapy Spa

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The AromaRoom, a therapeutic aromatherapy steam and Halotherapy (salt therapy) spa will open in March 2024 at Carmel City Center at 762 S. Rangeline Road, suite 64. The AromaRoom is designed to transform their clients from the outside-in using essential oil infused steam treatments. Guests can work with an AromaTherapist to help determine what oil, or combination of oils, will best address their needs from a selection of high quality essential oils.

The AromaRoom steam and salt suites are ADA accessible and will offer guests a completely private and customized therapeutic experience with three steam rooms that can hold 6 people each and three salt rooms of various sizes that come with sauna, aromatherapy, infrared and red-light therapy add-ons aimed at helping them inhale health and exhale stress. Guided meditation is also available during the service. Designed with pocket doors as walls, The AromaRoom can open up to accommodate parties and still offer personalized experiences with their rooms. The AromaRoom also offers in-house massage therapy to round out the self-care services.

Owner Shayla Webb is excited to open The AromaRoom in Carmel City Center. ?The mental and physical

health benefits of aromatherapy steam and Halotherapy are beneficial to everyone, and I am thrilled to bring this one-of-a-kind spa experience to the Carmel community. We can't wait to help people craft the breath they so desperately need to take," said Webb.

The AromaRoom is not just about personal wellness; it's a community-centric destination aiming to foster a culture of health and relaxation within Carmel. Recognizing the increasing stress of modern life, The AromaRoom seeks to offer an oasis of calm. Whether it's the stress of work, life's daily challenges, or the need for a moment of tranquility, The AromaRoom's serene environment and tailored therapeutic services provide a unique escape.

As The AromaRoom prepares for its grand opening, it extends a warm invitation to the residents of Carmel and beyond to experience a new level of wellness. The launch event, planned for late March, will feature tours of the facilities, free mini-sessions, and an opportunity to meet the team behind this innovative concept. Shayla Webb and her team are passionate about creating a space where every visit leaves guests feeling rejuvenated, balanced, and inspired to embrace a lifestyle of wellness. The AromaRoom is more than a spa; it's a movement towards a healthier, happier community. The AromaRoom is committed to helping the community inhale health and exhale stress.

Recognizing the importance of mental health in achieving overall wellness, The AromaRoom is dedicated to creating a supportive atmosphere that nurtures the mind as well as the body. With mental health challenges on the rise, the spa's services, especially the guided meditation and aromatherapy, are designed to address anxiety, depression, and stress-related issues. The AromaRoom's holistic approach aims to provide relief and promote mental clarity, offering a sanctuary where guests can disconnect from their hectic lives and just breathe. This focus on mental well-being is a testament to The AromaRoom's commitment to fostering a comprehensive health and wellness culture within the community.

The AromaRoom's impact extends beyond individual health benefits; it aims to be a catalyst for wellness in the workplace. By offering corporate wellness packages, The AromaRoom provides businesses in Carmel and surrounding areas the opportunity to invest in the health and well-being of their employees, from teachers, fire/police/EMS, government employees and for profit companies. These packages are designed to reduce workplace stress, enhance productivity, and promote a healthy work-life balance. The AromaRoom is also featured on The Knot and Wedding Wire, and can't wait to help brides-to-be celebrate and prepare. The AromaRoom's initiatives reflect a modern understanding of wellness that includes physical, mental, and environmental health, making it a pioneering force in the community's journey towards holistic well-being.

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For more information about The Aroma Room, contact the company here:[The Aroma Room](#)Shayla

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The Aroma Room

The AromaRoom is designed to transform you from the outside in using essential oil-infused steam treatments. You can work with our AromaTherapist to determine what single oil, or combination of oils, will best address your needs.

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