



US Health Firm Harnesses Power of Ancient Indian Formula to Help People Gain Better Health

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Public interest in ancient medicinal practices is on the rise recently with people wanting to try alternative and herbal medicines to combat a plethora of health disorders, an occurrence that also raises the demands for natural health supplements, prompting a US-based natural health supplement company to come up with a product using an ancient Indian formula that promises a variety of health wonders.

To meet the demands for high-quality natural health products that offer immense health benefits, Bri Nutrition, a California-based natural health supplement company sourced out the finest ingredients to manufacture a Triphala supplement, an ancient Indian formula widely known to provide a considerable number of wellness values.

The Wonders of Triphala

Triphala, a herbal formula used in the ancient Science of Ayurveda, means "three fruits" as it is made from three fruit ingredients—Amalaki, Bibhitaki and Hiritaki, each a potent herbal medicine on its own, used to treat different health disorders and illnesses in ancient India, and even today.

The Indian Ayurvedic medicine is a significant part of oriental medicine in the Eastern part of the world and is popularly known as one of the most reliable forms of healing. The practice captured the interests of many of today's health practitioners and scientists that extensive studies, researches, and experiments are being conducted on it.

An article published in the Ayurveda College website outlines the various general uses and other benefits of Triphala including as an aid in digestion, treatment of gouty arthritis, healing compounds for wounds, anti-oxidant and free radical scavenger, anti-cancer compound and protection against Gamma radiation.

Bri Nutrition Triphala Extra Strength

"We heard about the health wonders of Triphala and we want people to benefit from it, so we decided to manufacture one by sourcing only the best ingredients and made it extra strong to maximize the delivery of the health benefits," says Jewell Fadil Cunningham, Bri Nutrition Public Relations Manager.

Bri Nutrition Triphala Extra Strength, now available in Amazon, is manufactured to deliver optimum Triphala benefits and fill in the demand for effective and high-quality Triphala supplements in the market.

"Like our other products, Triphala Extra Strength is our take to meet the demands of people who are seeking high-grade natural health supplements to treat their conditions and strengthen their bodies, as well as to maintain their good health," says Cunningham.

This combination of Amalaki containing high levels of Vitamin C; Bibhitaki, a powerful tonic; and Haritaki, a potent digestive aid, can be used as a possibly effective anti-oxidant and anti-inflammatory supplement, digestion booster, liver function optimizer, cardiovascular system protector, weight loss regimen, and eyes and skin health booster.

For more information about Triphala Extra Strength and other Bri Nutrition products, check out their Amazon store.

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BriNutrition

BRI Nutrition is a natural supplements company with a heart that's here to help customers in their journey towards achieving optimal health, longevity, and wellness.

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