



## **Rehab Warns of Drugs With Hyper Side Effects**

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Located in Portland, Oregon, the non-profit rehab center Serenity Lane recently released an article discussing one of the lesser-known side effects of substance use ? hyperactivity. With their long history of helping people find recovery from substance use, they're well-versed in the various side effects that can occur. Their goal with posting this article is to help further educate readers so they can make informed decisions about their health.

When the average person thinks of side effects of substance use, Serenity Lane knows some of the common ones that come to mind might be isolation, agitation, or changes in self-care. They want their community to be more aware of how varied the side effects of substance use can be, so they don't brush off their experiences as unrelated to their substance use.

Serenity Lane starts by explaining how substance use can cause hyperactivity. ?While substances all impact the body differently, certain combinations of side effects can lead to someone acting hyper. The most common combination is when someone experiences a boost of energy alongside euphoria.? They take the time, then, to further explain how these energy boosts and euphoric feelings can occur.

?If you notice someone is suddenly acting hyper, how can you tell if it's caused by substance use?? The

rehab center poses this question, following it up with an answer. ?The primary way of knowing what hyperactivity might be caused by is to pay attention to the other symptoms or behaviors the person is showcasing. For example, if they seem agitated, are breathing rapidly, have increased anxiety, or have an increased appetite ? they might be under the influence of a substance.?

Next, Serenity Lane takes the time to list and explain some of the substances that can have hyperactivity as a side effect. They explain that stimulants are the most common cause of hyperactivity. The category of stimulants includes substances such as cocaine, methamphetamine, and ecstasy. Readers can learn more about the specifics of each of these substances and their side effects by reading the blog.

?As with any substance use, there are always risk factors. It is never fully safe to engage in any level of substance use. The types of drugs that can lead to hyperactivity come with the risk of more severe side effects, including overdosing.? Serenity Lane warns readers. ?With the increased heart rate and breathing, as well as the way the body is sped up, people run the risk of things such as heart palpitations, hypertension, hyperthermia, fainting, seizures, strokes, and cardiovascular collapse.?

To finish the piece, Serenity Lane goes through the steps a reader can take to find recovery and healing from substance use. ?With continued or increased use of stimulants, the risk of experiencing these side effects increases. If you ever notice someone experiencing life-threatening side effects from substance use, don?t be afraid to call for medical help.?

Serenity Lane has been helping people overcome substance and alcohol use disorders since 1973. All of the programs they offer have been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). They have introduced many new programs in Oregon, such as residential step-down and outpatient programs that integrate residential and outpatient services. They have also been the provider of the only Addiction Counselor Training Program in Oregon. Some of their graduates are now offering their services through several treatment programs throughout the country.

People who would like to know more about the addiction treatment services available through Serenity Lane of Portland, Oregon can visit their website or contact them by telephone or email. Serenity Lane has live people ready to help place patients from 8:00 am - 7:30 pm Monday through Friday, and 8:00 am - 6:00 pm Saturday and Sunday.

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For more information about Serenity Lane Portland West Outpatient Office, contact the company here: Serenity Lane Portland West Outpatient Office Stephanie Edwards (503) 244-4500 info@serenitylane.org 10920 SW Barbur Blvd Portland, OR 97219

## **Serenity Lane Portland West Outpatient Office**

*Serenity Lane has served families in Oregon with high-quality addiction and mental health treatment since 1973. We are an established private, non-profit addiction treatment center, and all of our programs are accredited.*

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