

Unlock The Healing Potential with Craniosacral Therapy in Puyallup at Unlocking The Body Massage Therapy

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Located in Puyallup, Washington, Unlocking The Body Massage Therapy Clinic has recently expanded its range of therapeutic offerings to incorporate craniosacral therapy. This unique form of therapy, developed in the 1970s by osteopathic physician John E. Upledger, emphasizes a gentle approach targeting the craniosacral system ? the membranes and cerebrospinal fluid that surround the brain and spinal cord. Practitioners Jennifer Bull and Michon Hebert employ soft-touch techniques to alleviate a myriad of conditions such as chronic pain, sports injuries, neurological impairments, and stress-related disorders. Their goal is to liberate restrictions within the tissues affecting the craniosacral system, thereby instilling a deep sense of well-being in their clients.

What sets craniosacral therapy apart from conventional massage therapies is its minimal pressure techniques, which focus on the craniosacral rhythm, a crucial physiological body system. Clients undergoing this therapy, which typically lasts between 50 to 70 minutes, often report experiencing profound relaxation and noticeable relief from their symptoms. This therapy proves especially advantageous for individuals battling migraines, chronic neck and back pain, autism, and various stress-related ailments. By addressing both the physical and emotional aspects of wellness, craniosacral therapy offers a holistic treatment option.

The introduction of craniosacral therapy at Unlocking The Body underscores the clinic's commitment to a holistic approach towards health and wellness. The clinic offers a diverse spectrum of services tailored to meet the needs of its clients, including medical massage therapy prescribed by doctors, cosmetic surgery lymphatic drainage, reflexology, and more. In addition, the clinic enhances the client experience with thoughtful offerings like hand-poured soy candles and customized massage gift certificates. For more information about their range of services, visit their website.

Jennifer Bull commented on the significance of this therapy, stating, "At Unlocking The Body, we are always seeking out innovative ways to support healing and enhance the quality of life for our clients. Craniosacral therapy reflects our dedication to holistic wellness, offering a route to recovery and balance that complements our varied services. It's more than a treatment; it's an integral part of our journey towards achieving optimal health."

By adding craniosacral therapy to its array of services, Unlocking The Body not only broadens its treatment options but also strengthens the community's access to alternative wellness solutions. Clients dealing with an array of conditions are encouraged to consider craniosacral therapy as an effective way to pursue relief, supported by the expert practitioners at Unlocking The Body.

"Craniosacral therapy is in alignment with our mission to unlock the healing potential within every individual," Jennifer further commented. "It signifies our drive to approach health concerns with holistic and compassionate solutions. We invite residents of Puyallup and surrounding areas to experience the transformative effects of craniosacral therapy and embark on a path to renewed health and vitality."

In response to queries such as "Does Apple Health cover massage therapy?" and "Does Community Health Plan of Washington cover massage therapy?", it is important to note the following:

No, Apple Health (Medicaid) itself does not provide for Alternative Healthcare benefits in their fully integrated managed care plan they offer.

However, each Managed Care Plan Provider in Pierce County offers various benefits called "Value-Added Benefits" to incentivize a client to essentially pick that company as their Managed Care Organization (MCO). In Pierce County those providers would be: Community Health Plan of WA, Coordinated Care, Molina, United Healthcare, or Wellpoint WA (Amerigroup).

These added benefits may make one company more attractive to someone who is needing maternity coverage, alternative healthcare coverage, food or housing support, Costco memberships, transportation etc.

Community Health Plan of WA (CHPWA) has an alternative benefit package offering as their Value-Added Benefit, providing a total of 20 Chiropractic, Massage, or Acupuncture visits if the provider accepts CHPWA and is willing to bill. For an hour of Massage Therapy it will use 2 of these visits, essentially providing the client with 10 hours of Massage to use if they solely use the benefit at UTB!

This is exciting news, and an amazing opportunity to access alternative care which is not provided by government-sponsored healthcare at this time. At UTB, access to care and supporting our community is core to our mission and we are more than thrilled to be able to bill for this added benefit to CHPWA in our clinic. It is our hope that community members who may not have financial means to pay out of pocket for Massage Therapy can use this benefit and find relief in a safe and natural way to decrease pain or tension. Research suggests Massage Therapy can be a viable alternative to treating pain and decreasing pain med usage, potentially helping restore function to diminished activities of daily living thereby increasing quality of life.

Individuals interested in exploring craniosacral therapy or other services offered by Unlocking The Body can visit their website for more information, including detailed therapy descriptions, FAQs, and appointment scheduling. With a steadfast commitment to client well-being, Unlocking The Body persists as a leading force in health and wellness within the Puyallup community.

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For more information about Unlocking The Body Massage Therapy, contact the company here:Unlocking The Body Massage TherapyJennifer Bull(253) 970-8256info@unlockingthebody.com8112 112th St Ct E, Puyallup, WA 98373

Unlocking The Body Massage Therapy

Established in 2008, Unlocking The Body is a Massage Therapy Clinic in Puyallup. We accept Health Insurance, Car Accidents, Work Related Injuries, as well as Private Pay for general wellness or stress relief in our day spa.

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