## Life Coach Teri Rose Releases ?Triangle Formula System? Audio Course

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Teri Rose, an acclaimed online life coach, announced today that she has released a new audio course based on her popular ?Triangle Formula System? (TFS). TFS is a proven formula that helps individuals achieve their life goals. The audio course is being presented as an opportunity for clients to set new goals for 2016 and work toward their achievement.

?So many people lack awareness of the amount of time they spend focusing on failure,? said Rose. ?It doesn?t have to be this way. That?s the whole concept of TFS - The process helps them recognize that and change it!?

Triangle Formula System is a process that helps the client clarify priorities while maintaining focus and drive until their goals are reached. The framework succeeds by taking into account what a person Thinks (T) about regarding their goal the majority of the time, what they See (S) about it in their mind and what they Feel (F) about it emotionally. The formula brings awareness to the limiting beliefs that cause frustration.

Rose trained as a life coach with Comprehensive Coaching U along with training as an energy work practitioner in many modalities that deal with energy flow. She is a Certified Healing Codes Practitioner who is trained in the use of NLP, Psyche K, Progressive Mental Alignment. She trained in Tony Robbins? school as a Strategic Intervention Coach, working in all modalities to find and remove the underlying cause of blocks to health and success with goals.

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